



CENTRAL
COAST
SPORTS
COLLEGE

At Central Coast Sports College we blend academics with sport to create the optimal environment for balanced learning.

“ We are a proudly progressive K-12 college committed to teaching with care and passion. Our dedicated team delivers an exceptional education; one that promotes health and wellbeing. Our student athletes are encouraged to be active learners to stimulate confidence and a deeper engagement in learning. Come and join us to experience first-hand our innovative and forward-thinking approach to education. ”

Paul Chapman, Principal



PRE KINDY CLUB

Pre Kindy Club (PKC) is a program for our enrolled families beginning kindergarten at CCSC.

At PKC, during term time, our future student athletes and their families have the opportunity to explore our college, meet new friends and take part in some memorable experiences whilst transitioning to CCSC.

It is our goal to create an environment where our kindy student athletes come to PKC and build in confidence to become enthusiastic and motivated learners, both on and off the field.



JUNIOR COLLEGE K-6

The Junior College implements the Walker Learning Pedagogy from Kindergarten to Year 6; an innovative education program that immerses student athletes in experiential learning, giving them the opportunity to learn through reflection on play-based and inquiry-based experiences.

The program allows teachers to build trusting relationships, personalise learning to be culturally and developmentally appropriate and assists with engaging student athletes through their interests.

Learning is real, relevant and meaningful with student athletes immersed in authentic opportunities to explore, experiment, collaborate and reflect.



SENIOR COLLEGE ACADEMIC PROGRAM - Big Picture Learning Australia (BPLA)

Student athletes in Years 7-12 develop their academic work with an advisor who supports and facilitates their learning in a class of approximately 22 students.

Each student athlete's passions and interests are incorporated into their learning.

Student athletes become independent learners who are able to take ownership of their learning from planning, through to researching, through to exhibiting their work at the end of each term.

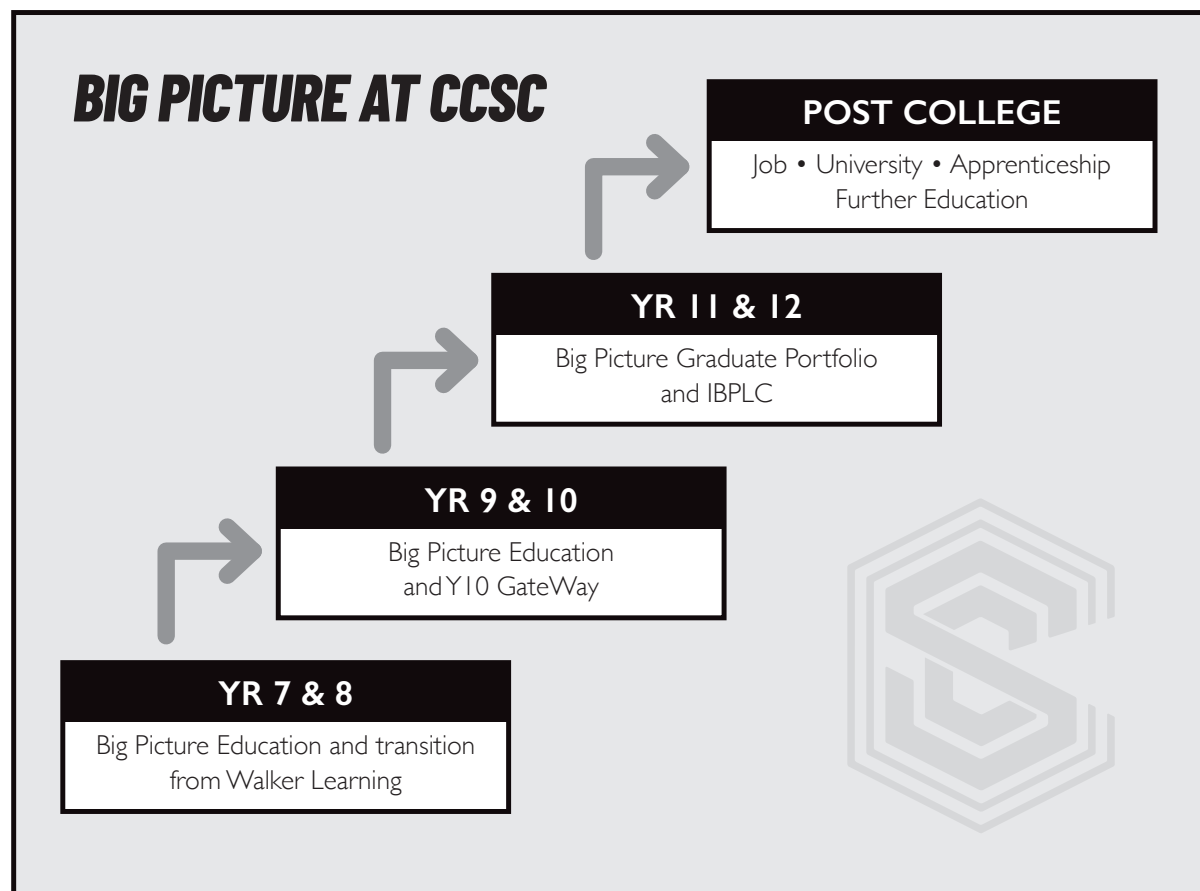
The family's involvement in the BPLA is crucial as they support their child by attending termly learning plan meetings and exhibitions.

From Year 9 onwards student athletes are involved in

our Learning through Internship (LTI) program where they are immersed in an external place of work for 1 day per week. Their placement is based on their area of interest and links them with mentors and experts in that field.

A student athlete's Graduation Portfolio is a compilation of completed work from Year 9-12. This portfolio demonstrates their capacity to explore, research and develop as a learner in their field of interest.

As student athletes move through to Year 11 and 12 they begin to refine and build on their interests to develop a post-school pathway plan for further study via University, TAFE, apprenticeships and direct employment.



CCSC SPORT

Our student athletes participate in daily physical activity across our sports programs.

Our sport programs provide a number of development opportunities for all our student athletes.

K-2 student athletes participate in a multi-sport program based around physical literacy in which they participate in a range of sporting activities throughout the year, including swimming, gymnastics and more.

As our student athletes progress through the years they have access to an Academy structure which enables high performance goals to be pursued in specialised sports, such as football, tennis, rugby league/union, netball, basketball and dance. They also have access to a Sport Academy program, allowing them to explore a range of sports with a focus on physical literacy and fundamental movement skills.



FREQUENTLY ASKED QUESTIONS

What sports do you offer?

Our specialised sports programs include football, tennis, rugby league/union, netball, basketball and dance.

How often and for how long do student athletes participate in sport?

All student athletes participate in up to 2 hours of sport every day.

Who are the coaches?

Our coaches are fully qualified within our specialised sports programs. They do not substitute as teachers inside the classroom and our teachers do not substitute as coaches outside of the classroom. Each teacher or coach is employed to work in their area of expertise.

What is involved in the Outdoor Education program?

One week each term is dedicated to outdoor education activities and experiences for all student athletes and can feature hikes and overnight camps. The Duke of Edinburgh Award is also included for our Year 9 student athletes. All outdoor education is designed in collaboration with our academic team so that the curriculum is connected.

Do you offer Strength & Conditioning?

Our strength and conditioning program is specifically tailored to youth development and individual needs. Complementing the Strength and Conditioning program is our Performance Lab that offers access to a Physiotherapist, Podiatrist and Nutritionist on site to monitor, treat and help student athletes with their fitness, nutrition and return to training.

ON-SITE CAFE

Our in-house chefs prepare lunch every day for every student athlete.

Our in-house chefs prepare lunch every day for every student athlete. With a selection of vegetables, crunchy salads, dairy and protein options, and fresh fruit available from the buffet every day, student

athletes can store the energy required for peak performance. There is also the option to have breakfast between 8am - 8:45am. All dietary requirements are catered for:



FREQUENTLY ASKED QUESTIONS

GENERAL

How many student athletes currently attend the Sports College?

We have a current enrolment of approximately 800 student athletes. This number is very close to our capacity due to the nature of our unique heritage listed site.

What are the gender ratios across the College?

Approximately 40% of our current enrolment are female student athletes and approximately 60% are male student athletes.

What are the College hours of operation?

Office hours are 8am to 4:30pm Monday to Friday. Student athletes begin at 9am and finish at 4pm.

SENIOR & JUNIOR COLLEGE ACADEMIC

What are the average class sizes at the Sports College?

Our sports college currently operates with a 1:22 staff to student athlete ratio from K-12.

Does the Sports College assign homework?

Homework is not formally assigned. Extensive research suggests there is no correlation between academic performance and assigning homework. It is important to note however, that we do support learning at home when necessary, especially when it is led by the student athlete. Student athletes are encouraged to apply themselves to the best of their ability which may require extra preparation and revision outside of normal college hours.

What is the Leader in Me program that you provide for the student athletes?

Leader in Me (LIM) is a K-12 program that empowers student athletes to make choices to lead and to set an example for others to follow. LIM is a program that develops every student athlete to be life-ready leaders and to make a difference within their community.



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