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02 4302 9000

Building 16 The Avenue Kariong NSW 2250

25th April, 2020

Dear Parents/Caregivers

We hope you had a great term break and are feeling recharged and ready to jump into Term 2.

Our first two week Multi Sport block will focus on Running, Hopping, Jumping, Skipping. This will start as usual with Skill Introduction Videos to inspire and excite the students about their individual potential.

These videos will also be available in Google Classroom for those students choosing to remote learn from home.

We are extremely excited to introduce our Virtual Walk Around Australia activity this term.

Every activity that is completed for Multisport during Term 2 whether at home or at college will contribute to our college challenge to see how far we can walk around Australia. In short, each activity earns points and each point equals 1km. Points will be submitted each week and we'll provide weekly updates to let families know how far we have walked.

This skill unit will also incorporate aspects of climbing, mobility and overall body coordination with a range of movements. Last term the students really enjoyed Ninja Warrior type obstacle courses, dancing, yoga and balancing. We are looking forward to another really enjoyable unit.

Alex would love to check in with you all via Zoom on Monday at 12.20pm to run through the program and answer any questions you may have..

Please use the following code: 4135332347

Please also join your MultiSport Google Classroom using the following code: drfaxlh.



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All remote learning content will be placed in the Google Classroom for you to view

Tanya Brown CCSC Head of MultiSport