

THE CONVERSATION

WEEK 2 | TERM 4 | 2018

IMPORTANT DATES 2018 - Term 4

Information Briefings and Tours

Book in for a personal tour at any time or come to one of our regular briefing sessions.

Term 4 - Info briefings and tours

9:00am - 11.00am

Friday 16 November

Term 4 - Student Trial Days

9.30am - 4pm

Monday 19 November

Bookings essential - please go to the website at:

<https://ifts.nsw.edu.au>

IFTS OFFICE - BLD 16

MONDAY - FRIDAY

8:00 - 4:30pm

Principal's message



We are very excited to let families know we have safely arrived in Cambodia. A group of 7 year 9 and 10 students have travelled over the past 15 hours and arrived to the humidity of Phnom Penh. A full day of activities are planned after a tiring lay over - the kids are keen for a cultural immersion. Tune in to Facebook for updates.

High School - Sally Bennellick



Yr 6-7 Transition Evening last Thursday, 18 October enabled parents and students to meet our high school teachers and learn more about the subjects they will be studying next year when they enter Year 7. There were student work samples, demonstrations and hands-on activities through their 'sferos' - small, programmable balls that are able to be programmed and utilised for mathematics and other STEM tasks. This Friday 26 October is the second day of the Step-Up transition program where again all students get to spend the day in the high school space with their new teachers. There will be one last Step-Up day on Monday 10th December when the whole school will have a day in their 2019 classes.

**IFTS UNIFORM SHOP
BLD 17**

**TUESDAY &
WEDNESDAY**

9:00 - 4pm

Local recycling



If you're like a lot of people who go to the supermarket and forget to take their recycle bags with them into the shop, then end up buying more recycle bags, this is a great idea. The bag-borrowing/sharing box is outside the Kariong IGA. Let's hope the bigger chain stores catch on.



One Star Series

The One Star event is back this week on Wednesday afternoon bringing various age groups together to play in mixed teams. Daylight saving will compliment this very popular event and we look forward to seeing a big turnout from our IFTS players.

Netball - Di Brown

Friday 16th and Saturday 17th November

Announcing our first ever Trial Camp. Register now to secure your place in the IFTS Netball trial camp by contacting Greg at gbrownlow@ifts.nsw.edu.au

If you know of anyone who may be interested in trialing for the IFTS Netball Program please let them know. The Camp will fun from 9am to 2pm on Friday and 9am to 12 noon on Saturday.



Football - Will Piriz

With all the rain on the Central Coast during the last week of holidays, starting the football program was a challenge. Most of our morning sessions were indoors at Niagara Park for Futsal which was very well received by all players.

The football program now includes an Athletic Development component that is focusing on developing the strength and conditioning of our High School footballers. A popular addition to the program, it is providing a physical challenge at all levels.

Multi Sport Cricket session



SCHOOL POLICY

Please note, as per our enrolment conditions, a full term's notice in writing is required for any students looking to leave the School. If you have any questions in this regard please contact the office on 4302 9000.

Multi Sport - *Chontelle Balbi*

Yes we are IFTS International Football and Tennis School, so why Multi Sport and not just Football and Tennis ?

The benefits of Multi Sport are well documented and evidence based. IFTS believes that physical literacy is the key to providing the foundation for achievement in sport and also for success in life. Physical literacy occurs when individuals acquire the skills and confidence that allows them to enjoy a variety of sports and physical activities. Not limited to physical health, physical literacy can also improve academic performance, cognitive skills, mental health, psychological wellness, social skills and encourage healthy lifestyle habits.

Last term I attended a cricket coaching course at the SCG and my impression of cricket changed as I learned all about how to facilitate and set up fun, fast paced, engaging games that the students would love and want to play without even realising they were practising basic cricket skills such as , throwing at a target, striking, running, teamwork, catching and bowling. We use this practice across all the sports in our program and have seen engagement levels rise and lots of fun being had.



Tennis - *Steve Hamburger*

Our tennis students have a jam-packed Term 4 ahead of them. Featuring an overseas tour to America , there is also our individualised tournament schedule in full swing, including our annual School Boys and School Girls event in Sydney from the 22nd to the 30th November.

Last Sunday several of our students participated in the first Endeavour Series event in Newcastle, which is a group of tournaments played on the Central Coast and Newcastle over the term. Rhys Searant was our IFTS coach and supervisor at the event and provided great, positive feedback on all IFTS players' effort, team support and sportsmanship.

This weekend the next Endeavour event will be held at Wyong and we hope to see even more IFTS students competing, having fun and gaining further tournament experience.

