

THE CONVERSATION

WEEK 8 | TERM 3 | 2018

IMPORTANT DATES 2018 - Term 4

Information Briefings and Tours

Book in for a personal tour at any time or come to one of our regular briefing sessions.

Term 4 - Info briefings and tours

9:00am - 11.00am

Friday 19 October

Friday 16 November

Term 4 - Student Trial Days

9.30am - 4pm

Monday 22 October

Monday 19 November

Bookings essential - please go to the website

IFTS OFFICE - BLD 16

MONDAY - FRIDAY

8:00 - 4:30pm

Principal's message

End of Term Message

We are coming to the end of a very busy term with a group of students currently in Holland, students in Year 10 sitting end of term exams, our HSC students coming to the end of their normal academic program and a number of other events over the next week and a half. We wish our HSC students the best as they enter this next phase of their program in preparation for their end of year exams taking place in the first few weeks of Term 4. We wish all families a safe and enjoyable term break.

High School - Nikki Willers

Stage 4 pupils were tasked with the challenge of composing and recording their own song for their music assessment this term.

Working in groups of four, pupils identified their songs genre, which current artist they would compete with at an awards ceremony, and chose a song name that reflected the inspiration behind their song.

Pupils had a great time recording and produced some amazing songs!

Watch out for the final day of Term 4 when some of our bands will be performing live throughout the day.



**IFTS UNIFORM SHOP
BLD 17**

TUESDAY & WEDNESDAY

9:00 - 4pm

SportsFest 2018

IFTS will be out and about at SportFest this weekend, 22 and 23 September. Drop in and say hi if you're in the area.



**Other Events
Not For Profit**

Don't miss the Woytopia sustainable living festival at Woy Woy South Public School on Sunday 14 October, 9am-3pm. Live music, talks, eco-market stalls, delicious food, lots of children's fun and more. See Woytopia on Facebook or woytopia.info

Football - Will Piriz



IFTS held a presentation last Thursday evening to give parents an idea of the new league that is to replace the SAP competition previously run by Football NSW. This new, exciting league will provide footballers from U8 to U12 the opportunity to participate in games on the Central Coast under the Central Coast Mariners Academy and Central Coast United banners. The program will have a dedicated match venue to showcase the Central Coast's passionate young footballers. If you missed out on the presentation night but are still interested in learning more about the JRL please contact Will Piriz, Head of Football, at wpiriz@ifts.nsw.edu.au

Gold Coast Cup

The squad for the Gold Coast Cup is now well into its preparation for its bid to challenge for glory. We hope to make this a regular event on our tournament calendar. Coached by Adam Kwasnik and Tim Witchard the squad will be heading to the Gold Coast in the first week of school holidays. With football being the main focus of the journey, it is a great opportunity for these Stage 5 students to bond further as friends, team mates and proud IFTS representatives.

Netball - Di Brown

Bring on 2019

It was so exciting to catch up with the IFTS students joining the 2019 netball program at the recent IFTS school Open Day on September 14. We also connected with the broader netball community at Gosford Netball Association's final game day on Saturday 8 September.

I am privileged and honoured to be implementing and steering the Netball program and I cannot wait to start!

SCHOOL POLICY

Please note, as per our enrolment conditions, a full term's notice in writing is required for any students looking to leave the School. If you have any questions in regard to this matter please contact the office.



Dress like a Farmer Day
21 September

TENNIS

Some facts about the National Indigenous Tennis event;

- over 180 competitors
- 78 hrs of tennis played
- 65 kgs of mandarins
- 48 kgs of bananas
- 45 kgs of apples
- over 500 kgs of ice used



Support Our Farmers

Gold Coin Donation for BBQ Lunch

Our Great Outback BBQ is on this Friday 21 September. This is an annual event used for raising funds to help Aussie farmers doing it tough. We are asking for a gold coin donation for the bbq lunch and everyone is invited.



Parents welcome to join in during allocated lunch times:

Stage 6	12:00
Stage 4	12:20
Stage 5	12:40
Stage 1	1:00
Stage 2 & 3	1:20

Parents please RSVP by Thursday 20 September

jdolan@ifts.nsw.edu.au

Tennis - Sean Carson

This week saw IFTS students; AJ Foster, Dayne King and Sophie Foster attend the National Indigenous Tennis Carnival held in Darwin. Huge congratulations to Sophie who won the U/14 girls singles and was lucky enough to have her trophy presented to her by tennis great Evonne Goolagong.

Another IFTS tennis student, Cooper Griffiths played his first ITF junior tournament this week. He won his first 3 matches and progressed through to the main draw where he just missed on gaining his Junior world ranking. Cooper has another ITF junior next week in Canberra. Great achievement, Cooper.

IFTS Cafe

Chicken skewer with salad from the IFTS Cafe - just one of the yummy dishes served daily



Cafe menu Weeks 6 & 7

- Penne Bolognese with parmesan cheese
- Red lentil and Potato Soup with a bread roll
- Cuban pulled beef with chimichurri and rice
- Bacon Lettuce and Tomato sandwich
- Spinach and ricotta ravioli with napoletana sauce and parmesan
- BBQ Chicken skewers with caesar salad
- Chicken Kiev with sweet potato mash and garlic butter
- Chunky Beef cottage pie
- Meatball sub sandwich

Primary School - *Damian Mitchell*

Recycle, Declutter, Donate

Thank you for the kind donations so far. We are still asking for your help in setting up our learning spaces. Please contact Britt or Alison, ahosgood@ifts.nsw.edu.au or bprocter@ifts.nsw.edu.au if you have any goods you wish to donate.

Pre Kindy Club

Does your child start Kinder in 2019 or 2020? Contact Peta Fell our School Transition Coordinator pfell@ifts.nsw.edu.au to make an enquiry and find out more information.



Photo of recent PKC Tiny Tennis event.

Small Business - Looking for a cost effective way to advertise to reach a specific market? Contact Julie Dolan at jdolan@ifts.nsw.edu.au

Want to be part of a clinical trial?

By taking part in a clinical trial, you can contribute to the advancement of scientific knowledge and, in some cases, to improved health for yourself or others with the same disease or condition.

Call us on **1300 742 326** or go to our website www.mytrial.com.au for more information.



We are currently conducting trials in women's health and Diabetes amongst many other disease indications.

