

THE CONVERSATION

WEEK 8 | TERM 2 | 2018

IMPORTANT DATES 2018 - Term 3

Information Briefing and Tour

Book in for a personal tour at any time or come to one of our regular briefing sessions.

Term 3 - Info briefing and tour

Friday 17 August

Friday 14 September

9:00- 4:00pm

Student Trial Days

Monday 20 August

Monday 17 September

Bookings essential

IFTS OFFICE - BLD 16

MONDAY - FRIDAY

8:00 - 4:30pm

IFTS UNIFORM SHOP BLD

17

WEDNESDAY & THURSDAY

9:00 - 3:30pm

Principal's message

Feedback please

The IFTS management team is seeking feedback from our parent body with regard to our school day in 2019. We have been working on some options and before moving any further with any potential changes, want to know what our families think. We ask that all families with students planning to attend in 2019 complete the attached two minute survey. Thanks in advance:.

<https://www.quicktapsurvey.com/survey/a14fafc776d16bb759897930d1e714be>

High School by Laura Robinson



Stage 5 have been working really hard on their major projects this term and parents and families are invited to come in and view their drama productions on Thursday 5th July, at 1:45pm.

Following the screening of their films an afternoon tea for parents will take place at the cafe - a great opportunity to touch base with the Stage 5 staff and celebrate the students' work

Primary School

Thank you to all parents and carers who attended the Stage 1 art exhibition. It was a huge success and we thank you for your support.



<https://ifts.nsw.edu.au>

Parent Coach Meetings

Please book in for football half yearly feedback meetings. Email info@ifts.nsw.edu.au to book your time slot with the coach.

IFTS Athletics Carnival

2 August



Athletics Carnival is now a **WHOLE SCHOOL** event on Thur 2nd Aug (Week 1, Term 3) All parents are welcome. Mingara 9:30am - 3:30pm

Parent volunteers please contact Gavin Thomas if you would like to assist at this event.

gthomas@ifts.nsw.edu.au

School Snow Sports Tour



All booked 5th-10th Aug @ Thredbo (include a ski pic)

Tennis *by Sean Carson*

Primary School tennis players will be traveling to Tamworth for the National Primary School Games (NPSG) during the school holidays.

This is a fantastic teams event based around inclusion, sportsmanship, participation and having fun. Catering for players of all levels dates are Saturday 21st July – Sunday 22nd July. Good luck to all players!

Football *by Head of football, Dan Barrett*

IFTS and the Central Coast Mariners will be participating in a One Star Gala Day event on the 8th of July to be played at IFTS fields. In order to help us with the draw for the event we are asking for expressions of interest so that we may accommodate all teams.

The deadline for lodging your expression of interest is Thursday 28th of June 4pm. Please see below link to register <https://goo.gl/forms/jn9QDv9UyTgRZokF3>

Bill Turner Cup and Trophy - our next round of matches are at IFTS.

Boys - Friday 29th June 11am Kick off

Girls - Tuesday 3rd July 12.30pm kick off

CIS Cup - Fantastic achievement from both our grand final teams being runners up in the CIS Cup. Congratulations to all and thanks to Paul for the live stream.

Referees Course

Coach Patrick Zwaanswijk and 15 IFTS football students took part in a Referee course conducted at IFTS last Thursday. The course will provide successful students the opportunity to officiate in football matches and earn some



good pocket money in the process. Head of Football Dan Barrett said because of the success and interest in the course he will look to conduct it each year. It's a great opportunity for our students to gain qualifications and give them insight into what it's like being the official in charge.

<https://iftnsw.edu.au>

PRE KINDY CLUB



IFTS K-12 INDEPENDENT SCHOOLS

PKC Mindfulness Yoga

Yoga Session & Mount Penang Nature Walk

Students will participate in a yoga session with IFTS Yoga teacher, Helen. We will then finish with a nature walk through our neighbouring Mount Penang Gardens.

Don't forget to bring a snack, water bottle & hat!

Tuesday 3rd July 9:15am Park & meet opposite Waterfall Cafe		9:30am yoga in Bld 28 (next to the Kinder classroom) 10:00am Gardens Walk
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The Aware Parent Course

Our Aware Parent Course in Term 2 was a great success and we would like to announce another for Term 3, starting on August 1st and running for 4 weeks. A free parenting consult is also offered to anyone interested in signing up for this next course. : www.theawareparent.com

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Kindergarten - Information Morning Tea & Tour

Our next info morning tea and tour is August 14 9:30am - 11:00am.

Pre Kindy Club - our next event is a mindfulness yoga session followed by a nature walk in the beautiful Mt Penang gardens on Tuesday 3rd July. To book in please email our School Transition Coordinator Peta Fell at pfell@ifts.nsw.edu.au

Yoga - from Helen Macnair



Students are encouraged to use the yoga room as a quiet place to relax. It is a unique space away from competition or daily demands where we can look inward and become aware of our physical, mental and emotional state. This can be a challenge as we come in from a busy morning and journey to school. Students are getting better at making this shift to quiet, mental stillness and self awareness. Read more at

<https://ifts.nsw.edu.au/2018/06/27/yoga-and-the-practice-of-letting-go/>

Small Business Owners



Looking for a cost-effective way to advertise and reach a specific target market? Contact Julie Dolan at jdolan@ifts.nsw.edu.au for information on our newsletter feature ads and other sponsorship options.

<https://ifts.nsw.edu.au>