

**IFTS CAFE  
TERM 1 MENU SAMPLE**



***Spaghetti Bolognese***  
***Marinated chicken legs w/ super rice***  
***Pumpkin soup w/ hot roll with chive and  
pumpkin seed***  
***Stroganoff w/ steamed rice***  
***Vegetable burger patties & poached eggs***  
***Potato and cauliflower soup w/ toasted roll***  
***Roast pork honey carrots crushed chat  
potatoes and apple gravy***  
***Beef nacho w/ all the sides***  
***Crumbed fish w/ sweet potato fried chips  
and coleslaw***