

Projects in contention for "Featured Project" for December.

Project 1: Greg Brownlow and his Tennis students

The PDF attached explains the event the kids will be in.

Their project (the kindy kids) is to make a 30 second short film about them enjoying and having fun with red ball tennis that will be shown on the big screen during Australia vs the world in the fast 4's showdown.



FAST4 RED BALL SHOWDOWN

TENNIS NSW ARE GIVING YOUR CLUB AN OPPORTUNITY TO PARTICIPATE IN AUSTRALIA'S LARGEST TEAM RED BALL GALA DAY!

THE FULL EXPERIENCE:

More than 100 kids will participate in a Red Ball challenge on courts set up at Darling Harbour, before heading into the ICC Sydney Theatre to watch Rafael Nadal and Kei Nishikori take on Nick Kyrgios and Bernard Tomic in a FAST4 Showdown.

ENTRY CRITERIA:

This opportunity is open to any Tennis Australia coach member or Tennis NSW affiliated club running an ANZ Tennis Hot Shots League, or entering an ANZ Tennis Hot Shots team in the Sydney Tennis League in Term 1, 2017.

STRUCTURE:

Teams consisting of 4 players (2 boys, 2 girls) aged 7 and under will participate in a fun and social environment at Darling Harbour before watching Australia take on the World in the FAST4 Showdown.

EXPERIENCE THE ACTION:

- Each participant will receive two tickets (child & parent/guardian) to watch FAST4 Showdown AUS v WORLD
- Each coach and assistant coach will receive one ticket to FAST4 Showdown AUS v WORLD
- Participants to walk the blue carpet ahead of FAST4 Showdown AUS v WORLD

TO ENTER:

- Each team must have a Tennis Australia Coach Member as their captain and provide one further coach/assistant to help with scoring
- Film a 20-30 second video of your team enjoying red ball tennis. Clips can be filmed on a smartphone (please hold landscape). Feel free to edit, add music and make as creative as you like!
- Submit the booking form along with your video and a team photo to tennis@tennisnsw.com.au
- 32 teams will be selected to take part. If more than 32 teams are entered, clubs/coaches with the largest number of registered ANZ Tennis Hot Shots players will be accepted
- Coaches must collect signed forms from each player and submit together along with video and photo

Entries are open now and close at 4:00pm on December 13, 2016. Successful applicants will be notified on December 15, 2016.

Project 2: Mellissa Farag

The Old Handbag project

Create a 'pamper package' for a homeless person this Xmas.

Come on everyone, get out that old handbag/men's toilet bag you no longer use, fill it with unused toiletries – (all that stuff you get as Xmas presents from yer' aunty or friends that have no clue about what you like) e.g. shampoo, soap, deodorant, toothbrush, toothpaste. We will then take the bags to Coast Shelter and give these guys a great, (fresh and clean) Xmas!!



Project 3: Cole Williams – a poem on cyberbullying



Cyberbullying is simply a negative place; That creates an image you cannot erase.

It is Virtual Reality that we can create; A world of good or a world of hate.

The essence of a school should promote respect; For self, others and beings we affect.

A single bad word that is posted on a wall; Follows like a shadow in a long, dark hall.

With one click of a button, all can be shared; Everything revealed, nothing spared.

We are all responsible for all we say and do; Every little deed will eventually point to you.

Will it point you to a place you are proud to be? Or will you shudder at the consequences you will see?

The internet, gaming, social networking are commonplace; For all countries, religions and every single race.

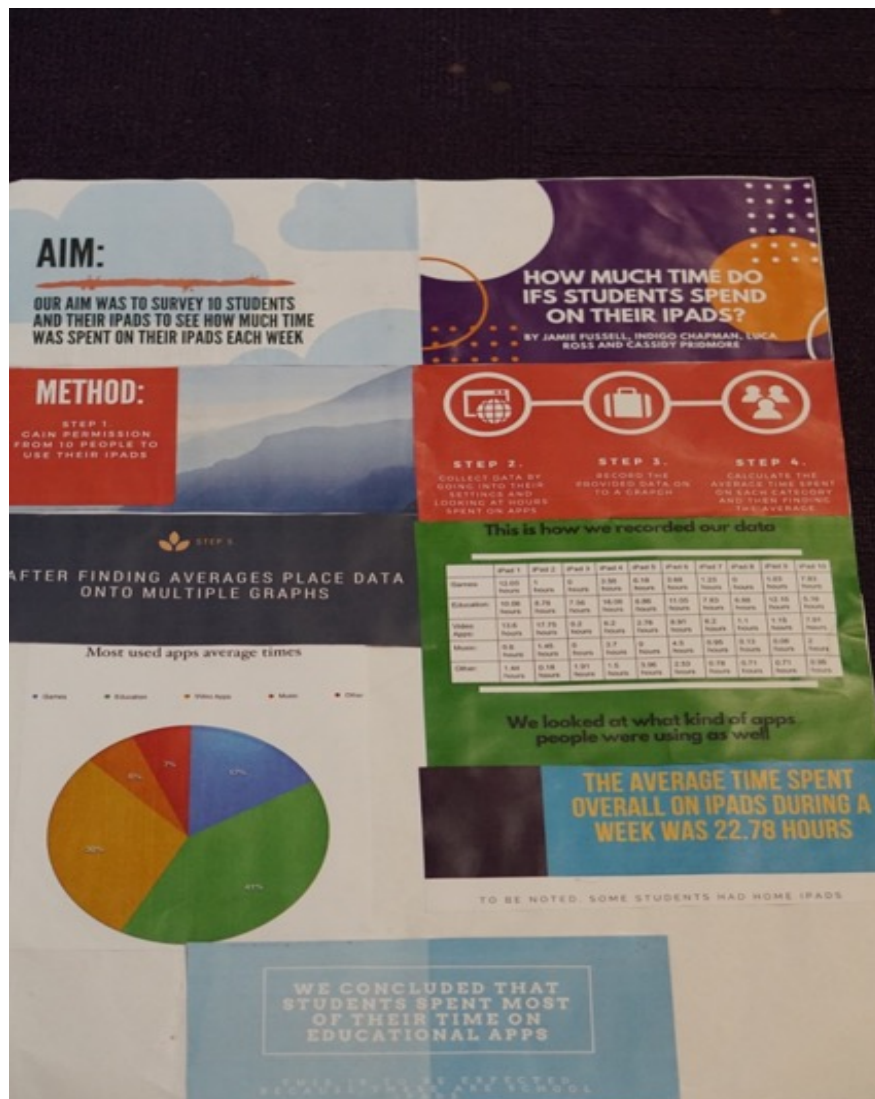
I am a mere digital identity to those online; Thus my reputation must be guarded so that it will shine.

I also must consider the influence of my friends and me; Are our Instagram pics a lie or promote integrity? Sometimes the truth on Facebook is not what it should be; It can merely reflect what the majority decide to see.

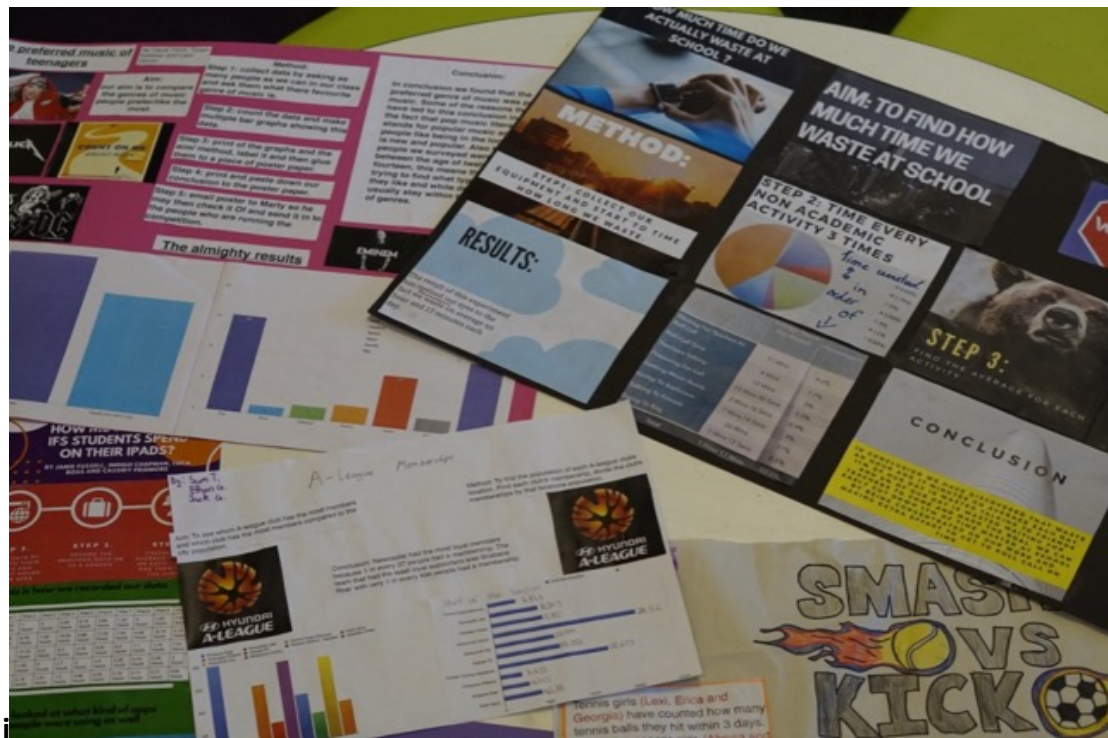
So I have decided from now on when I make a Tweet; It reflects a positive idea that is encouraging and sweet. If someone uses Google to do a search of my name; I can always be proud that I put no one to shame!

Project 4: Martin Allen-Scott submits on behalf of Stage 4 Mathematics.

Students researched and presented data on a topic of their choosing as part of a STEM competition run by University of Newcastle. Some awesome entries!! The project being put forward is the one in the image below where the student measured how much time the IFS students in his class are spending on their ipads.



Judging from the images of other projects submitted, looks as if there were some great ones. Well done to Stage 4 Maths.



Project 5: Staff Yoga



In the interests of staff health and wellbeing IFTS Yoga teacher, Helen MacNair, has begun free yoga sessions for the staff every Friday at 1.15pm. It's a wonderful offering and we are very grateful to Helen. Below is some feedback from one of our staff who regularly attends.

“I was very happy to hear that IFTS was offering yoga to staff this term! I have suffered with a bad back for years and between work and looking after my girls and the busy lives we lead, I have not been able to find the time to take myself to a yoga class. After speaking with Helen, she suggested yoga would be very beneficial for my back so I was very eager to attend her class. The 45-minute session was so peaceful, calming and exactly what I needed! Helen's voice was very soothing and she talked me through all the moves, some of which I had never done before. The room was quiet and was so easy to relax and breathe through each pose. By the end of the session I was nice and sleepy, relaxed and found it very difficult to head back to the loud, hectic office! I very much look forward to next week's session!”

Project 6: Stage 2 Garden & Adventure Park Project



Stage 2 have been very hard at work this term with all students participating in the construction of an edible garden and adventure playground for the school. The students have been able to develop their skills in resilience, patience and team work whilst putting the garden beds together, planting flowers and vegetables, and clearing space for a fun playground area. They have done an amazing job so far and are very proud of the new space they are creating for the whole school to benefit from.