



INTERNATIONAL  
FOOTBALL SCHOOL



INTERNATIONAL  
TENNIS SCHOOL

INFORMATION BOOKLET  
FOR PARENTS AND STUDENTS  
2016

*Balance in learning, life and play*

# INNOVATIVE SCHOOLS 2015



Awarded to

## International Football School

A handwritten signature in black ink, appearing to read 'Iain Hopkins', written over a horizontal line.

**Iain Hopkins**  
Editor, The Educator

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# GENERAL SCHOOL INFORMATION

## ADDRESS

**STREET ADDRESS** ..... Bulding 27 The Avenue Kariong NSW 2250

**POSTAL ADDRESS**..... PO Box 7053 Kariong NSW 2250

## PHONE

**TELEPHONE NUMBER**..... 02 4302 9000

**FACSIMILE NUMBER** ..... 02 4240 5652

## EMAIL CONTACTS

**GENERAL ENQUIRIES**..... [info@internationalfootballschool.com](mailto:info@internationalfootballschool.com)

**UNIFORMS** ..... [store@internationalfootballschool.com](mailto:store@internationalfootballschool.com)

**CAFÉ**..... [café@internationalfootballschool.com](mailto:café@internationalfootballschool.com)

**CEO** ..... [paul.chapman@internationalfootballschool.com](mailto:paul.chapman@internationalfootballschool.com)

**PRINCIPAL**..... [laura.roberts@internationalfootballschool.com](mailto:laura.roberts@internationalfootballschool.com)

**DIRECTOR OF SPORT** ..... [julie.dolan@internationalfootballschool.com](mailto:julie.dolan@internationalfootballschool.com)

**DIRECTOR OF FOOTBALL**..... [daniel.barrett@internationalfootballschool.com](mailto:daniel.barrett@internationalfootballschool.com)

**DIRECTOR OF TENNIS**..... [greg.brownlow@internationaltennisschool.com](mailto:greg.brownlow@internationaltennisschool.com)

**IFS FUTSAL CLUB COORDINATOR**..... [andrew.peachey@ifsfutsal.com](mailto:andrew.peachey@ifsfutsal.com)

## WEBSITE

**WEBSITE**..... [www.internationalfootballschool.com](http://www.internationalfootballschool.com)



## 2016

## START DATE

## FINISH DATE

<b>TERM ONE</b>	Monday 1 February	Friday 8 April
<b>TERM TWO</b>	Wednesday 27 April	Friday 1 July
<b>TERM THREE</b>	Monday 25 July	Friday 23 September
<b>TERM FOUR</b>	Monday 11 October	Friday 16 December

## PUBLIC HOLIDAYS

<b>NEW YEAR'S DAY</b> .....	Friday 1 January
<b>AUSTRALIA DAY</b> .....	Tuesday 26 January
<b>GOOD FRIDAY</b> .....	Friday 25 March
<b>EASTER SATURDAY</b> .....	Saturday 26 March
<b>EASTER SUNDAY</b> .....	Sunday 27 March
<b>EASTER MONDAY</b> .....	Monday 28 March
<b>ANZAC DAY</b> .....	Monday 25 April
<b>QUEEN'S BIRTHDAY</b> .....	Monday 13 June
<b>BANK HOLIDAY</b> (financial institutions only) .....	Monday 1 August
<b>LABOUR DAY</b> .....	Monday 3 October
<b>CHRISTMAS DAY</b> .....	Sunday 25 December
<b>BOXING DAY</b> .....	Monday 26 December
<b>ADDITIONAL DAY</b> .....	Tuesday 27 December

# SCHOOL HOURS

## PRIMARY

<b>9.25 - 11.25AM</b> .....	Football/Tennis Training - includes time for morning tea
<b>11.25AM - 1.45PM</b> .....	Academic session 1 - includes 20 minutes for lunch
<b>1.45PM - 2.05PM</b> .....	Afternoon Break
<b>2.05PM - 4.05PM</b> .....	Academic session 2

## SECONDARY

<b>9.25 - 11.25AM</b> .....	Academic session 1 - includes time for morning tea
<b>11.25AM - 1.45PM</b> .....	Football/Tennis Training - includes 20 minutes for lunch
<b>1.45PM - 2.05PM</b> .....	Afternoon Break
<b>2.05PM - 4.05PM</b> .....	Academic session 2

Order of the school day may change at times.

It is important to note that we do not have a school bell.

Teachers and coaches will be guiding our students around the school throughout the school day, however we encourage all students to be aware of their schedule.

## OFFICE HOURS

**9AM - 4.30PM**..... 02 4302 9000

Please leave a message and the appropriate staff member will return your call.





# OUT OF SCHOOL HOURS SUPERVISION

## BEFORE SCHOOL SUPERVISION

**8AM - 8.50AM**..... Supervision is in the IFS Café and on the tennis court.

**8.50AM - 9.25AM**..... Supervision is on the western side of building 25.

### BREAKFAST CLUB

A complimentary breakfast is served in the IFS Café from 8am and includes cereal, fruit and toast. Hot options, such as bacon and eggs, can be purchased.

Students and their parents are most welcome to attend the Breakfast Club.

Breakfast club is also available for our tennis students from 8am at the Gosford Tennis Centre.

## AFTER SCHOOL SUPERVISION

### 4.05PM - 4.20PM

Supervision for students catching the bus is on the verandah of building 25 and supervision for students being picked up is building 40 (see School site for PM pick up point).

Any student who has not been picked up by 4.20pm must wait with staff in Reception in building 27. Staff will then contact the student's parents/guardians for pick up.

## EXTERNAL OOSH PROVIDER

**6.30AM - 6.30PM** ..... Kariong Neighbourhood Centre

**ADDRESS**..... 10 Langford Drive, Kariong

**TELEPHONE** ..... 43404561

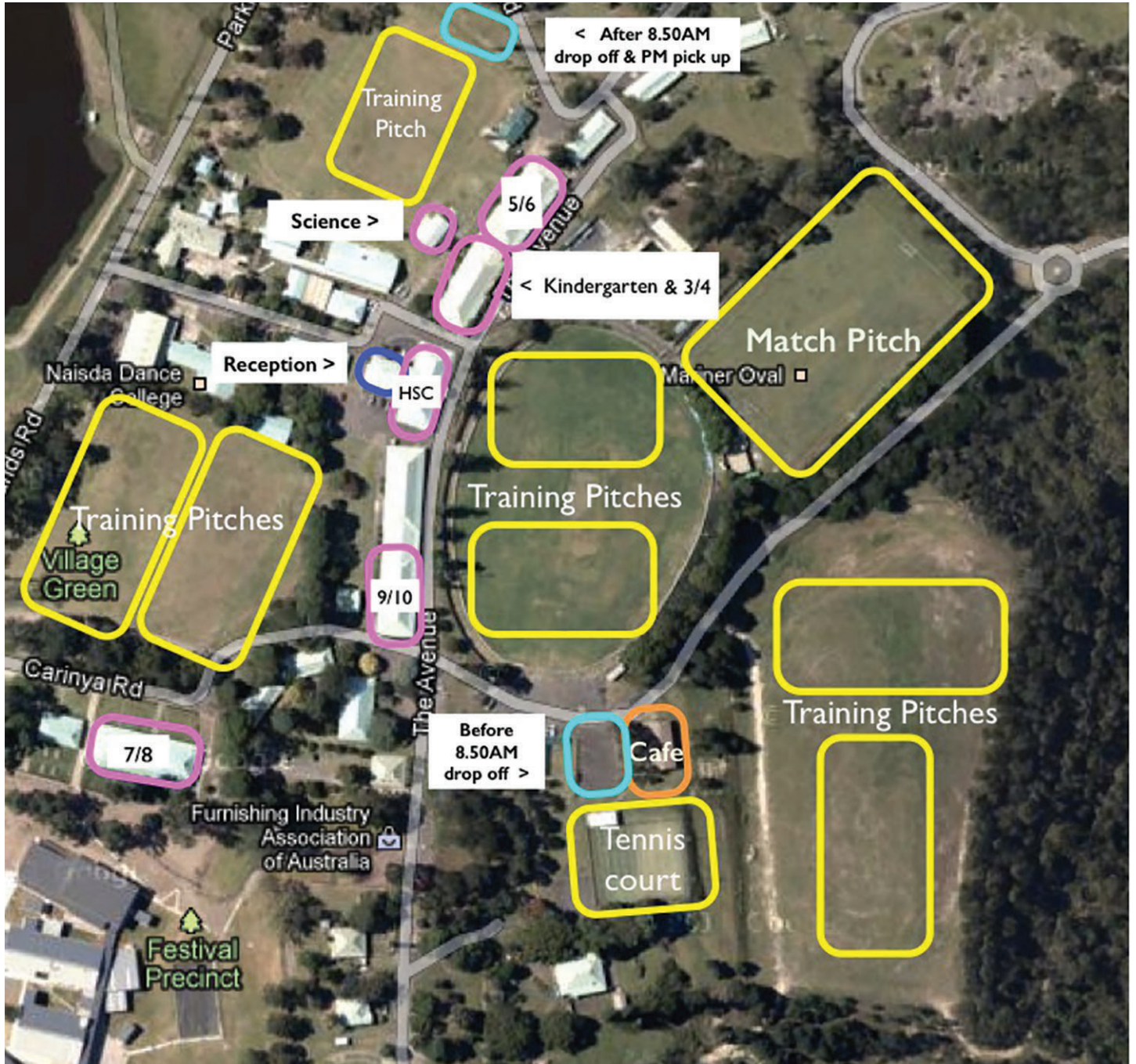
**WEBSITE** ..... <http://www.knc.net.au>

**EMAIL** ..... [oosh@knc.net.au](mailto:oosh@knc.net.au)

Free shuttle bus to and from IFS available.

Please contact the OOSH Coordinator, Brandi Heitman on 4340 4561 for more details.

# SCHOOL SITE



## DIRECTORS

CEO And Founder.....	Paul Chapman
Principal.....	Laura Roberts
Director of Sport.....	Julie Dolan
Director of Finance.....	Matthew Spindler

## ADMINISTRATION

Administration Coordinator .....	Mellissa Farag
Receptionist .....	Melanie O'Brien
Accounts Manager.....	Tracey Shewring
Financial Director .....	Tracey Deane
Strategic Partnerships.....	Tracy Southern
Enrolment Officer .....	Damien Brown
IT Support .....	Anthony Mills

## UNIFORM

Uniform Coordinator.....	Kerry Dolan
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## CAFE

Head Chef.....	Ash van Kints
Pastry Chef .....	Jodi van Kints
Sous Chef.....	Scott

## CLASS TEACHING TEAMS

Early Stage One Teachers Kindergarten.....	Peta Fell
.....	Suzanne Jeffree
Stage Two Teachers - Years 3 & 4.....	Damian Mitchell
.....	Katie Silvia
Stage Three Teachers - Years 5 & 6.....	Karen Gray (Primary Coordinator)
.....	Todd van Epen
.....	Melissa Trew
.....	Maree van Der Wielen
Stage Four Teachers - Years 7 & 8 .....	Dean Groom (Stage 4 Coordinator)
.....	Lorraine Hawdon
.....	Sally Bennellick
.....	Martin Allen-Scott
.....	Suzanne Jeffree (Japanese)
Stage Five & Six Teachers - Years 9, 10, 11 & 12 .....	Cameron Moon (Stage 5 Coordinator)
.....	Gavin Thomas (Stage 6 Coordinator)
.....	Suzanne Durick
.....	Rebecca Tennant
.....	Ugo Grassano



# STAFF

## FOOTBALL COACHES

Director of Football.....	Daniel Barrett
Strength & Conditioning Coach.....	Matthew O'Neil
Under 9/10/11 Coaches.....	Patrick Zwaanswijk
.....	Will Piriz
Under 12 Coaches .....	Brad Porter
.....	Joey Peters
Under 13 Coaches .....	Andre Gumprecht
.....	Lloyd Owusu
Under 14 Coach.....	Will Piriz
Under 15 Coach.....	Lloyd Owusu
Under 16 Coaches .....	Brad Porter
.....	Joey Peters
Under 17 Coaches .....	Patrick Zwaanswijk
Under 18 Coaches .....	Daniel Barrett
.....	Andre Gumprecht
Goalkeeper Coach .....	Daryl Darke

## IFS FUTSAL CLUB

Coordinator.....	Andrew Peachey
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## TENNIS COACHES

ITS Technical Director .....	Greg Brownlow
Coach .....	Steve Hamburger
Coach .....	Lachlan Doyle
Coach .....	Troy Lockwood
Coach .....	Adam Taylor
Coach .....	Alex Koltsis
Coach .....	Sam Bloore
Coach .....	Chloe Costello
Coach .....	Jason Stewart
Coach .....	Bec Stewart
Coach .....	Sean Carson

Teachers and coaching staff can be contacted via email using the following:

firstname.lastname@internationalfootballschool.com

or

firstname.lastname@internationaltennisschool.com



# COMMUNICATION WITH SCHOOL

## ATTENDANCE

If your child is to be absent from school, please phone, email or SMS 0457 666 555 the office before 9.20 am.

The purpose of this is to ensure the safety of the student and to help staff with the organisation of the day. If this information is not received, the school will send an SMS home.

All absences require an explanation from parents.

## ARRIVING LATE/EARLY LEAVE

If a student arrives after the school day has started, the responsible adult bringing the student, if they are under 14, must go to the office and sign the late book, giving a reason for the student's late arrival. If a student is to be collected for any reason within school hours, parents are to report to the office and sign the student out. Office staff will collect the student from class.

## LEAVE DURING SCHOOL TERM

Families are strongly encouraged to holiday or travel within the school holiday periods only. If travel during school term is necessary, the parents/guardians need to complete an Application For Leave form available from our office. As part of this process, parents and guardians are required to give reasons for the proposed leave. The ACARA National Standards state that, "If the Principal accepts the reasons given and decides that it is in the best interests of the student, then the leave application can be approved. If the principal does not accept the reason, the absence is recorded as unjustified."

School Attendance Data is also used to monitor punctuality. It is important that all students are on the school premises and are ready to start school by 9.20 am.

## EDUMATE

Our school uses a management system called EDUMATE. Parents have access to this site. Student rubrics, student reports, financial account and access to the school calendar are accessible through this site. As new features become available for parents, this will be shared with the school community. Please contact the office if you need assistance in accessing EDUMATE.

## ONLINE SCHOOL CALENDAR

The online school calendar is available for parents to ensure they are aware of both school and sporting events taking place at our school. This can also be accessed via EDUMATE.

# COMMUNICATION WITH SCHOOL

## IFS UNIFORM

Our students are issued with a full training kit (see FOOTBALL TRAINING KIT or TENNIS TRAINING KIT), which they are expected to wear for every training session or match day. After training they are allowed to wear casual clothes. For training kit enquiries, please contact Kerry Dolan at [store@internationalfootballschool.com](mailto:store@internationalfootballschool.com).

## ONLINE STORE

Additional IFS items can also be purchased from our online store at <http://www.internationalfootballschool.com/shop/>

## EXCURSIONS AND PERMISSION NOTES

We have a general permission note which is completed within your enrolment contract. This gives us permission to take your child on day excursions throughout the year. The school will inform all parents via email of excursions or activities offsite as they arise.

There will be times when a separate note may be needed such as for the Swimming Carnival or School camps.

## E-NEWSLETTER

Throughout the term, an E-Newsletter will be distributed to all families to keep parents up to date with coming events, policy changes, diary dates and other general information. Parents are urged to ensure they receive this e-newsletter as this is sent home via email frequently.

## STAFF BLOGS

Staff blogs are published each week on our school website. These give a great insight into our approach and daily life at our school.

## SCHOOL WEBSITE AND FACEBOOK PAGE

A regularly updated website and Facebook Page, provides information and pictures of current school events. The website address is [www.internationalfootballschool.com](http://www.internationalfootballschool.com)

Blogs, written by staff, inform the community of many aspects of daily school life. To read these blogs visit the school's website or follow the links on our school Facebook page.

## ACCOUNTS

If you have questions in regards to fees, please organise to speak to our Accounts Manager.



# COMMUNICATION WITH SCHOOL

## CONCERN AND APPROPRIATE ACTION

### 1 ACADEMIC OR SPORT PROGRESS

Directly contact the child's teacher or coach either by note, email or phone.

### 2 WELFARE

minor issues directly contact your child's teacher or coach to clarify information.

For more serious concerns, contact the appropriate Stage Co-ordinator.

To convey information about change of address, telephone number, emergency contact, custody details, health issues etc. Please contact the office.

For critical concerns, contact the Principal.

### 3 ACTIONS OF OTHER STUDENTS

Contact the class teacher or coach for a classroom or training problem.

Contact the appropriate Stage Co-ordinator for playground issues.

### 4 SCHOOL POLICY OR PRACTICE

Contact the Principal.

### 5 ACTIONS OF A STAFF MEMBER

Contact the staff member directly in the first instance.

Contact the Principal if required

On occasion, concerns may cause frustration and anxiety. At such times it is always important to organise a time to talk with school staff in an unhurried and confidential atmosphere.

**PLEASE NOTE** No parent should directly approach another person's child.

The school will deal with issues between students as part of the school's Behaviour policy.

In very rare cases, where people wishing to express concerns, do so in an aggressive, threatening or violent manner, the principal (or nominee) has the legal authority under the 'Inclosed Lands Act' to:

- Direct the person to immediately leave the grounds.
- Call the police to remove the person should he/she refuse.
- Withdraw future permission (by letter) for the person to enter the grounds without permission of the principal.
- Seek further legal avenues.



# APPROACH TO EDUCATION

## SCHOOL CURRICULUM

The Board of Studies states that the mandatory curriculum requirements must be met in.

- English K -12
- Mathematics K-10
- Science K-10
- Human Society and its Environment i.e. Geography and History K-10
- Personal Development, Health and Physical Education (PD/H/PE) K-10
- Technology and Applied Studies (TAS) K-8
- Creative Arts K-8
- Languages Other than English (Only in Stage 4)

## THE STAGES

In the classroom, students are grouped in Stages. A stage is a period of learning typically over a two-year period.

<b>EARLY STAGE 1</b> .....	Kindergarten
<b>STAGE 1</b> .....	Years 1 and 2 (being introduced in 2017 and 2018 respectively)
<b>STAGE 2</b> .....	Years 3 and 4
<b>STAGE 3</b> .....	Years 5 and 6
<b>STAGE 4</b> .....	Years 7 and 8
<b>STAGE 5</b> .....	Years 9 and 10
<b>STAGE 6</b> .....	Years 11 and 12

Please note that our High School students do not choose electives as the Football and Tennis Programs are the students' Electives Program.

It is important to know that our school answers directly to the NSW Board of Studies (BOSTES). This means that BOSTES inspect our teaching and learning programs for quality as well as ensuring we have policies and procedures in place.

### KINDERGARTEN (EARLY STAGE 1)

Our plan for the Kindergarten Academic Curriculum is to create an environment where children learn through play and through doing. Our Kindy students will be provided with an environment that allows them to develop a strong love of learning without pressure or competition. This will provide a strong foundation as they move through their schooling and allow them to develop into life long learners.





# APPROACH TO EDUCATION

## STAGE 1 (YEARS 1 AND 2)

Being introduced in 2017 and 2018

## STAGE 2 (YEARS 3 AND 4)

Stage 2 consists of students in a composite 3/4 learning environment. Learning in Stage 2 focuses on stretching and strengthening key skills in literacy and numeracy. This is supported through an integrated approach that combines English, Mathematics, Science, HSIE, Music, Art, Drama, Japanese and PDHPE. Students in Stage 2 learn by experiencing, doing and applying newly acquired skills. Where appropriate, students use technology to support their learning. Stage 2 students are introduced to elements of Project Based Learning within a flexible and open learning space.

## STAGE 3 (YEARS 5 AND 6)

Stage 3 consists of students in a composite 5/6 learning environment. Students are encouraged to explore learning through engaging in a more independent educational environment. Students begin to explore self-direction, accountability and responsibility. This is supported through an integrated approach combining English, Mathematics, Science, HSIE, Music, Art, Drama, Japanese and PDHPE. Students in Stage 3 continue to learn through experiencing, doing and applying newly acquired skills - which includes problem solving and working collaboratively. Where appropriate, students use technology to support their learning. Stage 3 students begin to experience Project Based Learning within a flexible and open learning space.

## STAGE 4 (YEARS 7 AND 8)

Students in Stage 4 begin their High School journey, which leads to the award of the Record of School Achievement (RoSA) and the Higher School Certificate. The focus of learning in Stage 4 is ensuring students continue to develop strong foundations in literacy and numeracy supported through an integrated approach combining English, Mathematics, Science, HSIE, Music, Art, Technology, Japanese and PDHPE. Students learn to negotiate 1:1 learning, embracing a technology enhanced learning environment that allows students to learn at their own pace through Project Based Learning. Students are encouraged to engage in an independent educational environment that supports initiative and creativity. Students continue to develop communication skills and begin to understand accountability and productivity associated with working within a collaborative environment.

## STAGE 5 (YEARS 9 AND 10)

Students continue to move through the 7-10 NSW Curriculum. Students continue to strengthen and stretch key skills learnt through an integrated curriculum that focusses on English, Science, Mathematics, History, Geography and PDHPE. Student's skills in Project Based Learning are extended to include Service Based Learning Projects. In Stage 5, there is an emphasis on critical thinking, communication, collaboration, creativity, innovation, problem solving, accountability and responsibility. Students continue to build life skills that incorporate a consciousness of multiple world views, global perspective and recognition of human choice. Students will also begin to experience elements of Problem Based Learning as well as the Flipped Classroom. The flipped classroom allows students more of an opportunity to experience, do and apply learnt skills at higher order thinking levels.



# APPROACH TO EDUCATION

## STAGE 6 (YEARS 11 AND 12)

Years 11 and 12 will be delivered via the vertical/compressed model. The traditional model students' study requirements for the HSC are usually completed over a conventional two-year period. However, in the vertical model, both the Preliminary and HSC components of some or all Stage 6 courses (including the HSC examination) are completed in one calendar year rather than two.

The benefits of the vertical model of delivery, means that students complete 3 subjects a year instead of 6 and therefore sit 3 HSC exams per year. Students can really engage with their work and be immersed in the content. There are many other schools that are adapting this model as schools are finding this is an effective way for students to complete their HSC.

Our senior program will run over two years. In Senior Year One, IFS will offer English, Biology and PDHPE and in Senior Year Two, IFS will offer Mathematics, Environmental and Earth Sciences, Sport, Life and Recreation and Business Studies. These subjects will allow students to gain an ATAR and apply for scholarships in overseas universities.

The Preliminary Course will be delivered through a combination of Problem Based Learning and a flipped classroom. The delivery of HSC course will be tailored to students' strengths and needs.

## PROJECT BASED LEARNING

The very nature of Project Based Learning (PBL) is student inquiry. For the teacher, this means that the teacher is the guide – not the instructor. This in itself requires a shift in the teacher's thinking, as learning in the classroom is student centred and guided. For the student, this means learning is placed back into the student's hands and their interest in finding out new knowledge is sparked. Students are encouraged to be active learners and take a lead role in their own learning. PBL is not about students learning passively and waiting for the teacher to deliver content and directions.

Instead of working in isolation within a subject, teachers are required to bring their expertise in a collaborative work environment. In the way teachers work, they are modelling PBL in their very essence and approach to the classroom. Colleagues collaborate on each project – as brainstorming together encourages projects to be the best they can be.

In the classroom, students are encouraged to be effective collaborators, capable communicators, critical thinkers and creative problem solvers. It is about preparing our children for the future.

Our open learning spaces provide an environment that promotes collaboration – working together to learn from each other in a variety of ways. The spaces are ever evolving and changing depending on the project.

An open and flexible space promotes positive interactions between teachers and students. Teachers have a stronger sense of what the students are learning and how they are interacting with their learning space. Students have a greater sense of ownership over using the space in a way that best meets their learning needs.



# APPROACH TO EDUCATION

Our students actively participate in a cleaning roster, which encourages students to keep the Open Learning Spaces clean. This encourages respect for the learning space and fosters a sense of pride and ownership.

## ASSESSMENT AND REPORTING

In good teaching, assessment is built into the learning process rather than being a separate event. The teacher monitors the responses of students as they do activities that have been designed to show what they have learnt. These activities also provide opportunities for feedback on what has been achieved and what needs to be done for students to progress in their learning. In some cases it is possible for students to monitor their own learning or to benefit from peer feedback.

Throughout each term, students will receive subject specific academic rubrics. These rubrics indicate clearly indicate how the student is learning and achieving and can be accessed via Edumate (see Communication with School).

### ACADEMIC REPORT

In 2016, we will introduce student portfolios. Students will be able to bring home their student portfolios at the end of the year to showcase their work.

Opportunities for you to meet with your child's teachers to discuss ways to work together to support your child are provided throughout the year. Please contact your child's mentor in the first instance if support or clarification is required.

Our academic summary, which is issued twice per year, reports on your child's progress using the NSW Common Grade Scale.

**A OUTSTANDING ACHIEVEMENT** The student has an extensive knowledge and understanding of the content and can readily apply this knowledge. In addition, the student has achieved a very high level of competence in the processes and skills and can apply these skills to new situations.

**B HIGH ACHIEVEMENT** The student has a thorough knowledge and understanding of the content and a high level of competence in the processes and skills. In addition, the student is able to apply this knowledge and these skills to most situations.

**C SOUND ACHIEVEMENT** The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of competence in the processes and skills.

**D BASIC ACHIEVEMENT** The student has a basic knowledge and understanding of the content and has achieved a basic level of competence in the processes and skills.

**E LIMITED ACHIEVEMENT** The student has an elementary knowledge and understanding in few areas of the content and has achieved very limited competence in some of the processes and skills

**ASSESSMENT BOOKLETS** are issued to students in Years 10 - 12. These outline course requirements and assessment timetable. These also outline information regarding important information students need to be aware of. Paper copies of these can be collected from the front office. Students are also sent this booklet as a PDF to keep on their school-issued iPad for ready access.



# APPROACH TO EDUCATION

## SPORT REPORT

Sport Reports are written twice per year and accessed via Edumate.

## WORK DEADLINES

Meeting deadlines is a regular component of the school day. In many cases, students will be able to regulate their commitment themselves, but parent awareness is recommended to help students maintain their efforts. Parents are encouraged to check in with their child on a regular basis.

## HOMEWORK POLICY

It is important to note, that our teachers will not formally issue homework, however we do not discourage learning that happens at home. Students are encouraged to do their best work, and in order to do this, extra time outside of class may be needed. Our homework policy is influenced by the works of Alfie Kohn.

## MATHS ONLINE

Students in Years 7 - 12 have access to Maths Online both at school and at home. Parents can easily log in at home to check their child's progress.

## TECHNOLOGY

All students and parents are expected to sign a Use of Technology Agreement And iPad User Agreement.

## PERSONAL ELECTRICAL DEVICES

Students are requested to observe technology free zones and times. Students are requested not to accept phone calls during the school day. If you need to speak to your child, please call the school office and your child will receive the message. Students are responsible for their personal electrical device, which includes damage or loss.

## NAME TAGS/LABELLING

Please label everything your child brings to school: all clothing and footwear, lunch boxes, bags, and anything else that may become separated from your child. This includes pencils, pens, etc. Please leave valuable items at home as the school will not accept responsibility for lost items. Any items not collected by the last day of each term are donated to the local charity stores.

## OUTDOOR EDUCATION PROGRAM

Each year, our students will participate in at least one outdoor trip. This type of trip, will depend on the particular cohort and designed to meet their needs.

Students in Year 9 and above are encouraged to participate in the Duke of Edinburgh Award. Outdoor Education trips will be catered to meet the requirements of DoE.



## DUKE OF EDINBURGH AWARD

From Year 9 and above, students are encouraged to participate in the Duke of Edinburgh program. The Duke of Edinburgh award is a fantastic program created for young people aged 14 - 25 years of age. They can make their own uniquely designed program which they follow to achieve an Award.

## WORK EXPERIENCE

Work Experience is compulsory for students in Year 10. Our School encourages our students to make their own contact with prospective workplaces as this will build their confidence when applying for future casual or full time jobs.

Work Experience is offered in Term 4. An information booklet outlining requirements and dates are issued to Year 10 students in Term 3.

## STATIONERY REQUIREMENTS

### STAGE 2: YEARS 3/4

- 1 x A5 Visual Arts Diary
- iPad Stylus
- iPad mini cover (available through the school office)
- 1 x 9x7 Exercise Book 96 Pages
- 1 x 9x7 Grid Book 10mm 96 Pages (1cm x 1cm square)
- Pencil Case with stationary supplies: pen, pencils, eraser, sharpener, textas, coloured pencils, glue stick, 30cm ruler (wooden/metal)

Please label all items.

### STAGE 3: YEARS 5/6

- A4 Lever Arch Folder - which will remain at school for the year
- 1 display Folder (Transporting paper to and from school)
- 5 Tab dividers
- 1 packet reinforced lined A4 paper
- 1 x A4 Grid Book 10mm 96 Pages for Ring Binder
- 1 x A5 Visual Arts Diary
- iPad Stylus
- iPad mini cover (available through the school office)
- Pencil Case with stationary supplies: pen, pencils, eraser, sharpener, textas, coloured pencils, glue stick, 30cm ruler (wooden/metal)

Please label all items.



# APPROACH TO EDUCATION

## STAGE 4: YEARS 7/8

- Good Quality A4 Lever Arch Folder - which will remain at school for the year
- 1 packet reinforced lined A4 paper (with binder holes)
- 10 Tab dividers
- Plastic sleeves
- 1 x A4 Grid Book 5mm 96 Pages for Ring Binder
- 7 x A4 lined book 64 pages for ring Binder
- iPad mini cover (available through the school office)
- Headphones (to fit iPad)
- Small Japanese / English Dictionary – to remain at school
- Scientific Calculator - can be purchased from the School Office \$25
- Geometry set - to remain at school
- Pencil Case with stationary supplies: pens, pencils, eraser, sharpener, textas, coloured pencils, glue stick, scissors, 30cm ruler (wooden/metal) double hole punch, sticky tape, fine point sharpie, highlighters.
- Art/Design
  1. Small Plastic Toolbox (approx. 12"-15") – Available at K-Mart, Big W
  2. Graphic Pencils HB, 2B, 4B, 6B
  3. Art Brushes: 1 x round size 2, 1 x flat size 4; 1 x round size 4; 1 x round size 8.
  4. A4 Visual Arts Diary
  5. Small bottle craft-glue
  6. General Purpose 24mm Masking Tape
  7. Plastic Eraser
  8. Craft Scissors

Please label all items.

## STAGE 5: 9/10

- A4 Lever Arch Folder - which will remain at school for the year
- 1 packet reinforced lined A4 paper
- 5 Tab Dividers
- 1 display Folder (Transporting paper to and from school)
- 1 x A4 Grid Book 5mm 96 Pages for Ring Binder
- iPad Stylus
- iPad mini cover (available through the school office)
- Pencil Case with stationary supplies: pen, pencils, eraser, sharpener, textas, coloured pencils, glue stick, 30cm ruler (wooden/metal)
- Scientific Calculator - can be purchased from the School Office \$25

Please label all items.

## STAGE 6: 11/12

This is a guide, students in Year 11 and 12 have already been spoken to by their teachers in regards to their needs for the class

- A4 Lever Arch Folder - which will remain at school for the year
- iPad Stylus
- iPad mini cover (available through the school office)
- 1 packet reinforced lined A4 paper
- 5 Tab Dividers
- A4 Grid Book 5mm 96 Pages for Ring Binder
- 1 display Folder (Transporting paper to and from school)
- Pencil Case with stationary supplies: pen, pencils, eraser, sharpener, textas, coloured pencils, glue stick, 30cm ruler (wooden/metal)
- Scientific Calculator - can be purchased from the School Office \$25

Please label all items.



## FOOTBALL PROGRAM

### SCHEDULE

- 3 x Field sessions
- 1 x recovery session (yoga included)
- 1x futsal session
- 1x game day match (usually after school)

### GAMES DAYS

#### 11 YEARS AND UNDER

All students will play for IFS teams through a local club in a local winter competition.

#### 12 YEARS AND ABOVE

Our expectation of all players in 2016 is to participate in development focused games (against various competition) out of school hours. The school will organize these games for our IFS squads, generally after school during the week. We believe with full time professional training and playing together as a unit, we can cater for everyone's football needs and development. If you wish to discuss additional arrangements please contact the Head of Football.

All players need to be available for their IFS squad for any organised school games.

### KANGA CUP

The Kanga Cup is the largest International Youth Football Tournament in the Southern Hemisphere and it is held annually each July in Canberra. In 2016, the Kanga Cup will be held between Sunday 3 July and Friday 8 July. All students are expected to participate in the Kanga Cup and this is included in the 2016 school fees.

Students from Year 3 - Year 6 need to organise their own transport, accommodation and meals whilst in Canberra. Due to the size of the tournament, please book your accommodation as early as possible.

Students from Year 7 - Year 12 have paid for their transport, accommodation and meals within their school fees. Coaches and teachers will be travelling with and staying with these students. Any parents of these students will need to find alternate accommodation.



# APPROACH TO SPORT

## FOOTBALL TRAINING KIT

The student uniform allocation for the 2016 football program will include the following items:

- A 1 X IFS BAG (NUMBERED)
- B 5 X PAIRS OF IFS SOCKS
- C 3 X IFS NAVY JERSEYS (NUMBERED)
- D 2 X IFS WHITE JERSEYS (NUMBERED)
- E 5 X IFS NAVY SHORTS (NUMBERED)
- F 1 X IFS TRACKSUIT (NAMED AND NUMBERED)





## TENNIS PROGRAM

### SCHEDULE

- 4 x On-Court sessions
- 1 x On-Court match-play session
- Warm Ups & Warm Downs
- General Fitness Activities
- Tennis Specific Fitness Activities
- Tactical Training
- Technical Training
- Mental Toughness Training

All students play weekly internal matches and many students will also have external competition schedules.

### TENNIS TRAINING KIT

#### BOYS KIT

- A 1 X ITS BAG (NUMBERED)**
- B 4 X ITS NAVY JERSEYS (NUMBERED)**
- C 1 X ITS WHITE JERSEYS (NUMBERED)**
- D 5 X ITS NAVY SHORTS (NUMBERED)**
- E 1 X ITS TRACKSUIT (NAMED & NUMBERED)**
- F 1 X ITS CAP (INITIALED & NUMBERED)**

#### GIRLS KIT

- A 1 X ITS BAG (NUMBERED)**
- B 3 X ITS NAVY JERSEYS (NUMBERED)**
- C 1 X ITS WHITE JERSEYS (NUMBERED)**
- D 5 X ITS NAVY SHORTS (NUMBERED)**
- E 1 X ITS TRACKSUIT (NAMED & NUMBERED)**
- F 1 X ITS VISOR (INITIALED & NUMBERED)**
- G 1 X ITS SINGLET (NUMBERED)**

2016 tennis training kit images are not yet available.

## SHOWERS

Showering after sessions is mandatory. A towel and change of clothes is therefore considered to be part of a player's training kit.

Aerosol or spray deodorants are banned and will be confiscated, however please ensure your child has a roll on or non-aerosol based spray bottle.



# APPROACH TO SPORT

## INJURIES

Injury management is a priority in the football program and player's attitudes towards injuries are important. The procedure for injured players is as follows:

- 1 Bring note from home
- 2 Fill out injury report form
- 3 Complete 3 field/court training sessions before engaging in competitive games or playing on hard surfaces.
- 4 Present physio/medical certificate for more acute injuries
- 5 Secure professional rehabilitation program from attending physiotherapist/medical practitioner and perform at training sessions.
- 6 Attend all training sessions in training uniform

### INJURY MANAGEMENT PROGRAM

Our injury management program provides free professional assessment by one of our preferred Physiotherapist. Conditions apply for entry to this program.

### PARTICIPATION

As much as possible, IFS/ITS students will play matches against other IFS/ITS players every Friday. All players will have equal opportunity to participate in these matches, however the following criteria applies to selection:

- 1 Injury free
- 2 All work completed (academic and sport tasks)
- 3 Compliant with all sports program requirements, i.e. uniform, etc.
- 4 Not under any suspension/on report

### PREPARATION

**RECOVERY** .....Ice, hot/cold showers, stretching/yoga, relaxation/meditation

**SLEEP** .....at least 8 hours of sleep recommended

**NUTRITION** .....minimize sugar intake, maximise nutrients

### PERFORMANCE MANAGEMENT

Each student will have their own page on our Performance Management website. Your fitness/agility test results and other performance management information will be included on your personal page. It is expected that players will utilize this to assist in their development.

### PLAYER'S RESPONSIBILITY

All players will be responsible for the gear/equipment, rubbish and any other collection/ organisation needed after the session.

### OBSERVING TRAINING SESSIONS

Throughout the year, parents will be invited to observe a training session. Please respect our Development Programs and only turn up to sessions parents have been invited to.



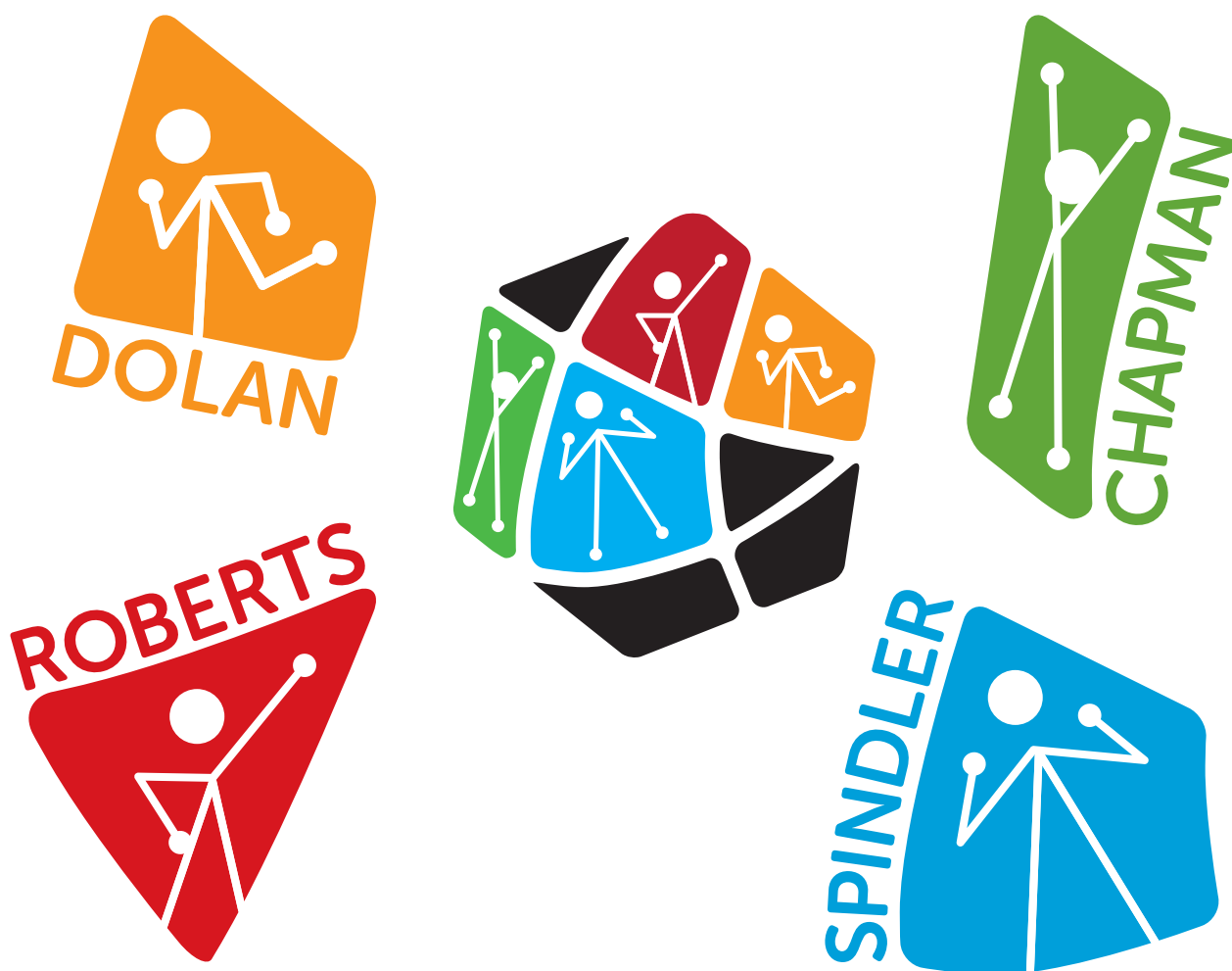
## HOUSE SYSTEM

Our houses are named after our founding directors.

### SPORTS HOUSE PLACEMENT BY SURNAME

**CHAPMAN** .....C, E, I M, Q, Y  
**DOLAN** .....D, F, J N, T, W,  
**ROBERTS**.....A, G, K, O R, V,  
**SPINDLER** .....B, H, L, P S, U,

X and Z are evenly distributed throughout the different houses and these students will be informed of their house placement by the Director Of Sport.



### SCHOOL SPORT REPRESENTATION

Whilst football and tennis training is part of the everyday curriculum at IFS. Sport is also provided on both an individual and whole school basis through our affiliation with the Independent Schools Association. This means we are a member of CDSSA and ASISSA which allows our students to participate in a variety of gala days and carnivals. Successful students are chosen for representative teams and will compete at Region, State and National level.



# IFS FUTSAL CLUB

## FRIDAY NIGHT FUTSAL

Friday Night Futsal is always something the kids look forward to at the end of each week. It's not just the two games of futsal they play each Friday night between 5pm and 7pm, it's also the hanging out with their mates between games. With an IFS bus that takes students straight from school to Niagara Park Stadium, the parents get to meet their children at the courts and watch them play or they have the option to pick them up at the end of the night – it's a win-win!

In 2015, we began running a Friday Night Futsal competition at the Peninsula Leisure Centre, Woy Woy. With two venues now up and running, it meant an end of term play off between teams from Niagara Park and teams from Woy Woy, we called this play-off our Champion's League Night. Highlights each term are on Final's Nights or Champion's League Nights when yes, unfortunately there are tears of sadness and joy.

### FRIDAY NIGHT FUTSAL COMPETITION DETAILS

<b>VENUES</b>	Niagara Park Stadium & Peninsula Leisure Centre, Woy Woy (more venues coming in 2016)
<b>DATES</b>	All year round, termly competitions, Fridays
<b>TIME</b>	5pm - 7pm
<b>AGE GROUPS</b>	6yrs - 16 yrs
<b>PLEASE NOTE</b>	Friday Night Futsal is for both IFS students and non IFS students
<b>WEBSITE</b>	<a href="http://www.internationalfootballschool.com/futsal">www.internationalfootballschool.com/futsal</a>

## STATE LEAGUE FUTSAL

In February 2015, the IFS Futsal Club competed in their first ever FNSW State League competition. For most age groups, the score lines did not reflect the positives, with players, coaches and administrators learning plenty about the improvements required for season two.

With our second season coming around much quicker than expected, the first season's experiences come to the fore as squad sizes and training sessions increased and registration systems improved. Early round results were a positive indication with wins in seven out of nine games. With lots of futsal still to be played, it was obvious that both staff and players were heading in the right direction for season two.

### FNSW FUTSAL STATE LEAGUE COMPETITION DETAILS

<b>HOME VENUE</b>	Peninsula Leisure Centre, Woy Woy
<b>DATE</b>	October - February, Saturdays
<b>AGE GROUPS</b>	12 boys, 13 girls, 14 boys, 15 girls, 16 boys, 17 girls, Youth Men (U/19), Women, Men
<b>PLEASE NOTE</b>	IFS students do take priority for our State League teams



There are no application or trial fees.

## ENTRANCE FEE

The entrance fee is \$1600 per student and is non refundable.

## 2016 FEE STRUCTURE

PAYMENT PLAN VIA DIRECT DEBIT	ANNUAL	TERM	MONTH	FORTNIGHT	WEEK
Kindergarten .....	\$5600.....	\$1400.....	\$560.....	\$224 .....	\$112 .....
Year 3 – 6 Football.....	\$6150.....	\$1538.....	\$615.....	\$246 .....	\$123 .....
Year 7 – 11 Football.....	\$6,600 .....	\$1650 .....	\$660.....	\$264 .....	\$132 .....
Year 12* Football .....	\$6,600 .....	\$2,200 .....	\$825.....	\$330 .....	\$165 .....
Year 3 – 11 Tennis.....	\$6,800.....	\$1,700.....	\$680.....	\$272.....	\$136 .....
Year 12* Tennis .....	\$6,800 .....	\$2,267.....	\$850.....	\$340 .....	\$170 .....

\*Year 12 fees are payable over 3 terms or 40 weekly debits.

- Students who identify as Indigenous may receive a discount. Please contact [accounts@internationalfootballschoo.com](mailto:accounts@internationalfootballschoo.com) for enquiries.
- In the case of split families, a Direct Debit Agreement must be completed by each person contributing to fee payments.
- All fees are due via a direct debit agreement unless the School has agreed to an alternative payment plan in writing.
- More than two (2) direct debit failures may incur a cancellation of the payment plan and all term fees will be due prior to the commencement of the next term.
- Failure to meet payment obligations may result in temporary withdrawal of enrolment for the next term as per our enrolment contract.

### DIRECT DEBIT FEES, CHARGES AND DETAILS

- Direct Debits start the week of 4 January (unless an earlier date is agreed)
- Weekly fees are paid over 50 instalments (year 12 over 40)
- Fortnightly payments are scheduled over 25 payments (year 12 over 20)
- Monthly fees are paid over 10 instalments (year 12 over 8)
- Termly (Quarterly) fees are paid over 4 instalments (year 12 over 3)
- Amendments to a direct debit plan with less than 7 days notice may incur a \$10 admin fee
- Failed or dishonoured payments may incur a \$15 admin fee (plus any bank charges incurred by IFS/ITS)
- Any extra fees as described above will be incorporated into the next scheduled direct debit payment as a once off charge.



# FEES

## INCLUSIONS

### MEALS

A healthy and nutritious lunch will be provided during normal school days and the cost of these meals is included within the tuition. Students will be able to purchase morning and afternoon teas or can bring these meals with them to school. Morning tea and afternoon tea is included for Kindergarten.

Items such as fruit, popcorn, sultantas, drinks etc can be purchased from the café during student's lunch break.

### UNIFORMS

See Football Training kit or Tennis Training kit.

### OUTDOOR EDUCATION

Each year students will be involved in our compulsory outdoor education program which will include at least one camp away from school. The camp fee is included in the tuition.

### KANGA CUP

See Football Program - Kanga Cup

### TOURNAMENTS

Entry fees for school representative tournaments for Tennis or Football.

## EXCLUSIONS

At times the school may organise optional activities for our students such as overseas trips, exchange programs, external exams and the like. These will not be covered in our tuition and will be optional.

### SIBLING DISCOUNTS

We do not offer a sibling discount on tuition fees, however for 2016 we offer the following discounts on sibling entrance fees.

<b>FIRST CHILD</b> .....	N/A
<b>SECOND CHILD</b> .....	N/A
<b>THIRD CHILD</b> .....	\$500 discount
<b>FOURTH CHILD</b> .....	\$1000 discount
<b>FIFTH CHILD</b> .....	Entrance fee waived

Please note all children must be enrolled in the school to receive a discounted entrance fee.

### VOLUNTARY BUILDING FUND CONTRIBUTION

This is a voluntary tax deductible donation which can be paid per term or annually. Tuition fees cover the day to day operations of the school and do not cover capital works projects. Our building program relies heavily on the generosity of our school families. All donations are greatly appreciated.



Our school attracts students from a wide catchment area across the Central Coast, from Newcastle and from Sydney.

The Department of Transport provides a number of services for our school and we provide limited private bus services in some areas where public transport is difficult to access. We also provide active adult supervision on specific all station train services from Morisset and from Hornsby each day.

All students using the bus and/or train service need to apply for a School Opal Card. For new applications for change of school, the parent/guardians are required to fill in a form online at [www.transportnsw.info/school-students](http://www.transportnsw.info/school-students).

After filling in the online application you will need to print it off and take/send it to school to endorse. Transport for NSW has the data online from the application and waits for the school to then endorse the application and will mail the School Opal card to the applicant's home address.

## TRAIN SERVICES

There are a number of train services that connect to Gosford Station to meet our school buses to transport students to and from Kariong each day. School staff provide active adult supervision every school day. Our train supervisor is at the last door of the penultimate (second to last) carriage each day.

### FROM/TO MORISSET

#### MORNING

8.20 ..... Morisset  
8.26 ..... Wyee  
8.33 ..... Warnervale  
8.39 ..... Wyong  
8.42 ..... Tuggerah  
8.47 ..... Ourimbah  
8.50 ..... Lisarow  
8.53 ..... Niagara Park  
8.55 ..... Narara  
9.00 ..... Gosford  
  
9.05 ..... Bus #69 to IFS

#### AFTERNOON

16.07 ..... Bus #69 from IFS  
  
16.38 ..... Gosford  
16.42 ..... Narara  
16.44 ..... Niagara Park  
16.46 ..... Lisarow  
16.49 ..... Ourimbah  
16.55 ..... Tuggerah  
16.59 ..... Wyong  
17.03 ..... Warnervale  
17.09 ..... Wyee  
17.16 ..... Morisset



# TRANSPORT

## FROM/TO HORNSBY

### MORNING

7.22 ..... Hornsby  
7.31..... Berowra  
7.36..... Cowan  
7.46..... Hawkesbury River  
7.53 ..... Wondabyne  
8.00 ..... Woy Woy  
8.02 ..... Koolewong  
8.05..... Tascott  
8.07..... Point Claire  
8.12 ..... Gosford

8.20 ..... Bus #34 to Kariong  
Escorted into school

### UNSUPERVISED

7.55 ..... Hornsby  
8.29..... Woy Woy  
8.31 ..... Koolewong  
8.34..... Tascott  
8.36..... Point Clare  
8.41 ..... Gosford

8.50..... Bus #68

### AFTERNOON

16.07.....Bus #69 from IFS

16.38.....Gosford  
16.46 .....Woy Woy  
17.22 .....Hornsby

17.31.....Hornsby  
17.34 .....Asquith  
17.42 .....Berowra  
18.08 .....Woy Woy  
18.16 .....Gosford

## BUS SERVICES

### GOSFORD STATION – GOSFORD TENNIS CENTRE – SCHOOL MAIN CAMPUS

Gosford Station is the hub to change for the bus service directly to our school. All services go past Gosford Tennis Centre so tennis students are able to get to the venue in time for morning training commencing at 9.20am. The bus then continues to the main school campus.

The bus services from Gosford Station are for IFS/ITS students only and operate at the following times:

### MORNING

8.50.....Bus #68 from stand 6  
9.05.....Bus #69 from stand 6

### AFTERNOON

4.02.....Bus #34 from IFS  
4.07.....Bus #69 from IFS





## CONNECTING BUS SERVICES

There are a number of bus services that all connect with Gosford Station and our school buses each morning and afternoon.

### MORNING SERVICES

- ROUTE 23** departs Erina Fair at 8.47, Gosford Station at 9.05 (stopping in East Gosford en route)
- ROUTE 21** departs Erina Fair at 8.35, Erina High School at 8.37, CC Hwy at George St, East Gosford at 8.42, CC Hwy after Albany St, Pt Frederick at 8.46 to Gosford Station at 8.53 (Red Bus)
- ROUTE 19** departs Erina Fair at 8.28, Gosford Station at 8.46 (Red Bus)
- ROUTE 64** departs Ernest St at WoodPoint PS at 8.35, CC Hwy at George Street, East Gosford at 8.38, CC Hwy after Albany St, Point Frederick at 8.41 to Gosford Station at 8.50
- ROUTE 67** departs from Bradleys Rd, North Avoca at 7.40 & Terrigal 7:53am via Erina to Gosford Station at 8:37.
- ROUTE 66A** departs Chico St, Copa 7:27 & Avoca Beach Theatre 7:41 via Kincumber Shops 8:01 and Green Point (Aldi) 8:07 to Gosford Station at 8:26.
- ROUTE 63** departs Saratoga Shops 7:55, Green Point (Aldi) 8:23 via Erina to Gosford Station at 8:50
- ROUTE 55** departs Woy Woy Station 8:07 to Gosford Station at 8:34
- ROUTE 37** departs Pacific Hwy & Burns Rd, Ourimbah 7:37 to Gosford Station at 8:25
- ROUTE 36** departs Ourimbah Station 8:03 to Gosford Station at 8:38
- ROUTE 38** departs Wyoming Shops, Kinarra Ave 8:23 to Gosford Station at 8:55

### AFTERNOON SERVICES

- ROUTE 63** Departs Gosford Station 16:32, Erina Fair 16:47, Green Point (Aldi) 17:04, Saratoga Shops 17:12, Davistown–Magnolia Cr 17:26
- ROUTE 23** Departs Gosford Station 16:40, Erina Fair 16:58, continues to Wamberal, Forresters Beach, Bateau Bay
- ROUTE 55** Departs Gosford Station at 16:33 to Woy Woy Station 17:00
- ROUTE 37** Departs Gosford Station at 16:22 to Pacific Hwy & Burns Rd, Ourimbah 16:49
- ROUTE 36** Departs Gosford Station at 16:40 to Ourimbah Station 17:07
- ROUTE 38** Departs Gosford Station at 17:25 to Wyoming Shops, Kinarra Ave 17:46
- ROUTE 68** Departs Gosford Station 16.50, arrives Erina Fair 17.05 (continues to Wamberal via Terrigal)



# TRANSPORT

## IFS SCHOOL BUS SERVICES

Students wishing to travel on these provided services must book at the office as seats are limited.

### NEWCASTLE - DOYALSON SERVICE

#### MORNING SERVICES

7.30	60 Waratah Ave, Charlestown
7.40	Cnr. Pacific Hwy. & Groves Rd, Bennets Green (Fantastic Furniture )
7.55	Bus Stop by 133 Pacific Hwy, Swansea
8.00	Nords Wharf Public School, Marine Parade, Nords Wharf
8.10	Cnr. Pacific Hwy. & Blue Wren Drive, Wybung (Gwandalan turn off)
8.13	620 Pacific Hwy, Lake Munmorah
8.18	Cnr. Pacific Hwy. & Wentworth Ave, Doyalson (Doylo Club)
8.23	33 Pacific Hwy, San Remo (Coles)
8.25	45 Pacific Hwy, Lake Haven
8.30	Cnr Sparks Rd & Warnervale Rd Hamlyn Terrace
8.35	126 Sparks Rd Warnervale (Lakes Grammar School)
9.00	IFS Main Campus

#### AFTERNOON SERVICES

16.10	Depart IFS Main Campus
16.35	126 Sparks Rd Warnervale (Lakes Grammar School)
16.40	Cnr Sparks Rd & Warnervale Rd Hamlyn Terrace
16.45	45 Pacific Hwy, Lake Haven
16.48	33 Pacific Hwy, San Remo (Coles)
16.53	Cnr. Pacific Hwy. & Wentworth Ave, Doyalson (Doylo Club)
16.56	620 Pacific Hwy, Lake Munmorah
17.00	Cnr. Pacific Hwy. & Blue Wren Drive, Wybung (Gwandalyln turn off)
17.05	Nords Wharf Public School, Marine Parade, Nords Wharf
17.10	Bus Stop by 133 Pacific Hwy, Swansea
17.25	Cnr. Pacific Hwy. & Groves Rd, Bennets Green (Fantastic Furniture )
17.35	60 Waratah Ave, Charlestown



## THE ENTRANCE - BATEAU BAY - FORESTERS BEACH - WAMBERAL - TERRIGAL - ERINA - IFS

The school bus branded 'International Football School' services students from The Entrance, past Foresters Beach, Wamberal, Erina and East Gosford each day.

### MORNING SERVICES

- 7.50 ..... The Entrance Rd at Lakeside Plaza, The Entrance (Coles)
- 7.52 ..... CC Hwy at Aerial Road (7-11)
- 7.55 ..... CC Hwy at Elsiemer Road (opposite service station)
- 8.00 ..... CC Hwy at Bateau Bay opposite the Leagues Club (EDSACC south)
- 8.02 ..... CC Hwy at Bateau Bay shops
- 8.04 ..... CC Hwy at Crystal St
- 8.06 ..... CC Hwy at Foresters Beach Road
- 8.08 ..... CC Hwy opposite Cabarita St (Wamberal)
- 8.10 ..... Ocean View Drive at Wairekei Road (Wamberal) (next to Lagoon)
- 8.12 ..... Ocean View Drive opposite Bundara Ave
- 8.15 ..... Terrigal Drive – opposite the Fire Station
- 8.17 ..... Terrigal Drive – Duffy's Road (before Kings Rd)
- 8.20 ..... Terrigal Drive at Jesse Hurley Drive
- 8.45..... Gosford Train Station (All students, apart from primary tennis students, transfer to Busways Shuttle Bus)
- 9.00 ..... Primary tennis students arrive at Gosford Tennis Centre
- 9.10 ..... All football students and secondary tennis students arrive at IFS Main Campus

### AFTERNOON SERVICES

- 16.10 ..... Busways Shuttle bus to Gosford (Transfer to IFS Bus in Gosford)
- 16.45..... Terrigal Drive at Jesse Hurley Drive (phasing out at the end of Term 3)
- 16.48 ..... Terrigal Drive – Duffy's Road (before Kings Rd)
- 16.50 ..... Terrigal Drive – opposite the Fire Station
- 16.53..... Ocean View Drive opposite Bundara Ave
- 16.55..... Ocean View Drive at Loxton Ave
- 17.00..... CC Hwy opposite Cabarita St (Wamberal)
- 17.03..... CC Hwy opposite Crystal St
- 17.05..... CC Hwy at Foresters Beach Road
- 17.08..... CC Hwy at Bellevue Road (Caltex)
- 17.10 ..... CC Hwy at Bateau Bay Rd
- 17.12..... CC Hwy before Eastern Rd
- 17.15..... CC Hwy Bay Village Rd (McDonalds)
- 17.17..... CC Hwy at Long Jetty Pub at Pacific St
- 17.20 ..... CC Hwy at Diggers at The Entrance
- 17.25 ..... The Entrance Rd at Aston Ave (Church)



# TRANSPORT

## PARENT PICK UP/DROP OFF POINTS

For families that drop their child off at school or for pick up points please refer to the map and observe the traffic direction instructions included.

### IFS/ITS Drop-off and Pick-Up



#### CARING FOR OUR CHILDREN & KEEPING THEM SAFE

- \* Parents need to follow the one way traffic rules
- \* Be patient, as the aim is keep all our children safe.
- \* Keep your speed between 20-40km when on site.
- \* Keep our children safe by not using Carinya Street OR the road behind building 27.
- \* Students have a clear pathway from the Drop Off/Pick Up Zone through to Village Green 1.



It is important that our school records are up to date. If your contact number is not correct, there could be a delay in reaching you.

## FIRST AID

Minor injuries are taken care of by staff.

Teachers and Coaches are trained in emergency care and all have current First Aid Certificates.

## ACCIDENTS AND INJURIES

If your child has an accident or is injured at school or on an outing, staff will give appropriate emergency first aid treatment in accordance with our Accident & Injuries and First Aid Guidelines.

## ACCIDENTS AND INSURANCES

If your child is injured during the course of play (sport or otherwise) and there is no negligence involved on our part, then our insurance company will not provide financial cover for these instances. Families should consider private health insurance coverage or utilize the service available through the public health system.

School procedure is to call parents in the event of an accident to seek your advice on how you would like us to best support your child. If an ambulance or other medical assistance is required, the cost of these services is passed onto families.

## ASTHMA AND ALLERGIES

Please let the school know if your child is prone to asthma. All details of medication and treatment need to be given in order to ensure adequate treatment in case of an asthma attack. Please also advise if your child is allergic to bee stings or has any other allergies. Please notify the office staff if your child has a severe allergic reaction to arrange an emergency management plan.

## MEDICATION

Prescribed medication can be administered only with written permission which must be provided for each circumstance. A form for the administration of medications is available in the office.

## HEAD LICE

Children with head lice must not be sent to school. A thorough treatment of the affected child's hair should be carried out and the child brought back to school only when the infestation is under control.



# MEDICAL CARE

## IMMUNISATION PROGRAM

NSW Health works in partnership with schools to offer the vaccines recommended for adolescents by the National Health & Medical Research Council (NHMRC) in a school-based vaccination program. Parents will be informed of these visits.

## INFECTIOUS DISEASE

The following is a list of notifiable infectious diseases. If your child has one of these, please notify the school and do not send him/her to school under any circumstances. Some illnesses will require you to produce a medical certificate stating that the child is no longer infectious.

Chickenpox:	Exclude for 5 days after the rash first appears and until the blisters have all scabbed over.
Conjunctivitis:	Exclude from school until discharge from eyes has ceased.
Diphtheria:	Medical certificate required.
German Measles (Rubella):	Exclude for at least 5 days after the rash appears.
Hepatitis:	Medical certificate required.
Impetigo (School sores):	Exclude until treatment starts. Sores should be covered with a watertight dressing.
Measles:	Exclude for at least 5 days from appearance of rash.
Mumps:	Exclude for 10 days from onset of swelling.
Poliomyelitis:	Medical certificate required.
Ringworm:	Exclude until the day after fungal treatment has begun.
Scabies:	Exclude until the day after treatment has begun.
Scarlet Fever:	Exclude until at least 24 hours of treatment has begun and the child is feeling better.
Septic sores:	All sores must be covered by clean bandages.
Slapped Cheek:	Children are most infectious before the rash appears, so exclusion not necessary.
Strepto-coccus Infection:	Exclude until fully recovered or medical certificate is produced.
Viral Gastro-enteritis	Exclude until 24 hours after last occurrence of diarrhoea or vomiting.
Whooping Cough:	Exclude until after the first 5 days of a special antibiotic have been taken. If antibiotic not taken, exclude until there is no cough and a medical certificate is produced.



# STUDENT CODE OF CONDUCT

International Football School believes that for the school to be effective, it should provide a safe and happy learning environment, which meets the needs of our students at all levels of their school life.

At the centre of ensuring a safe and happy learning environment, is the core value of respect. Respect is an attitude that begins at home, is reinforced in school and is applied throughout life.

## **THE ESSENCE OF GOOD SELF DISCIPLINE IS RESPECT**

Respect for self

Respect for the authority of parents, teachers and coaches

Respect for the school

Respect for others

## **RESPECT FOR SELF IS SHOWN BY**

Behaving safely

Keeping your word

Wearing appropriate clothing

Using appropriate and proper language

## **RESPECT FOR AUTHORITY IS SHOWN BY**

Listening carefully and quietly

Being on time, prepared and ready to learn

Accepting personal responsibility for your actions

Accepting personal responsibility for your learning

## **RESPECT FOR THE SCHOOL IS SHOWN BY**

Following and knowing the policies and guidelines of our school

Considering the possible outcomes in making decisions

Realising that different situations create different expectations

## **RESPECT FOR OTHERS IS SHOWN BY**

Communicating in a polite, supportive and friendly manner

Taking into account the needs and feelings of others as well as your own

Allowing others to enjoy their personal space and property

Our Student Code Of Conduct is inspired by and accredited to the Andre Agassi College Preparatory Academy.

# STUDENT CODE OF CONDUCT

## STUDENT WELFARE

Throughout the term, students will meet with one of their Teachers and Coaches to have one on one time to “check in”. This is an opportunity for students to identify things they are enjoying, doing well at, need to improve on or having issues with. Teachers and Coaches work with students to develop positive strategies to help and assist them.

## BEHAVIOUR MANAGEMENT

Parents will be informed promptly of any behavioural problems that their child is manifesting. The aim is to work with parents to ameliorate any negative behaviour quickly and effectively.

Teachers and Coaches in our school seek to encourage positive behaviour. Appropriate or acceptable behaviour is that behaviour which supports mutual rights, safety and fair treatment.

## SCHOOL CULTURE

We are working very hard to create a unique school culture, one that supports our children to be the best they can be and one that does not tolerate bullying – this includes banter on the field. Regardless if it is shrugged off as being part of Australian Sports Culture, this is not the kind of culture we are creating at International Football School.

Our zero tolerance extends to behaviour on and off the field. If someone has done or said something that is not OK, we question our students about their chosen behaviour. We give our students an opportunity to change their behaviour in a supportive environment, and this includes an apology. If a student cannot change their ways, then we need to have a more serious discussion regarding a student’s future at our school.

Bullying is a word that is used freely, and we must teach our children what is bullying is and what it isn’t. We do not want our zero tolerance approach to create a culture of deceit and lies, we want our students to work with us to create a harmonious culture. It is achievable if we all work together.

From the National Centre Against Bullying here is a definition, “Bullying is when someone or a group of people with more power repeatedly and intentionally causes hurt or harm to another person or group of people who feel helpless to respond. Bullying can continue over time, is often hidden from adults and will probably continue if no action is taken.

## BULLYING ISN'T

- single episodes of social rejection or dislike
- single episode acts of nastiness or spite
- random acts of aggression or intimidation
- mutual arguments, disagreements or fights.

These actions can cause great distress. However, they’re not examples of bullying unless someone is deliberately and repeatedly doing them to you.”

Please support us by openly talking to your children to what is acceptable and unacceptable social behaviour on and off the field.

All matters are treated seriously and any allegations made within school are investigated.





# STUDENT CODE OF CONDUCT

## STUDENT ROAD SAFETY RULE

Students are encouraged to be aware of Road Safety and to use Pedestrian Crossings and to stay off the roads that serve as our school boundaries. Parents are encouraged to observe the Speed Zones and travel on site at less than 40km/h. Please note the location of the Pedestrian Crossings which are located near Building 21, 25, 27, 39 and the School Café.

Road Safety Education occurs throughout the school as part of the PDHPE Program.

## SUN SAFETY STRATEGY

Students have access to sunscreen at school and are encouraged to wear a hat/sunglasses where appropriate. Students are encouraged to make smart choices in regards to sun protection. It is the student's responsibility to ensure a hat is packed in their bag at all times. Sunscreen is available to students in the front office and in each open learning space.

# CODE OF CONDUCT FOR PARENTS/VISITORS

A code of conduct for parents and visitors ensures that everyone who visits the school site is able to do so in a safe and harmonious manner and to ensure that students, staff, parents and other visitors are not subjected to aggressive, hostile or violent behaviours.

## PARENTS AND VISITORS ARE EXPECTED TO

- Treat all persons associated with the school with respect and courtesy
- Ensure their child/children are punctual to class
- Make appointments in advance of expecting to obtain an interview
- Allow staff to supervise, investigate and manage students without interference
- Discuss issues or concerns about the school, staff or students through the correct procedures
- Follow school procedures governing entry and behaviour on school grounds, including any restrictions that may be imposed.

## ANY PERSON CONTRAVENING THIS CODE OF CONDUCT IS ADVISED THAT THE PROVISIONS OF THE INCLOSED LANDS PROTECTION ACT (1901) AND ITS AMENDMENTS WILL BE FOLLOWED IF ANY OF THE FOLLOWING OCCUR

- Actual physical assaults or threatened physical assaults on students, staff, parents or community members at the school or during the course of school activities;
- Behaviour in the presence of students, staff, parents or other visitors to the school that causes alarm or concern to the students, staff, parents or other visitors;
- Use of offensive language (ie swearing) in the presence of students, staff or other visitors to the school;
- Any interruption to the learning environment of the school such as entering classroom without permission.

Approaching the School (see concern & appropriate action)



# CODE OF CONDUCT FOR PARENTS/VISITORS

## VISITOR AND VOLUNTEER HELPERS POLICY

Throughout the school year our school needs volunteers to assist in classrooms, the canteen and around the school in many facets of education.

### **PARENTS AND OTHER VOLUNTEERS ASSISTING WITH ACTIVITIES DO SO ON THE UNDERSTANDING THAT**

- A Working With Children Check (Check) is a prerequisite for anyone in child related work.
- Sign themselves in and out in the attendance folder in the front office.
- Wear volunteer badge as identification whilst assisting with students.

### **VOLUNTEERS UNDERSTAND THAT**

- Teachers/coaches are responsible for the programs operating within the classroom and/or school.
- Teachers/Coaches are in charge and have ultimate responsibility for the safety, welfare and care of the students.

### **VOLUNTEERS UNDERSTAND THAT THEY**

- accept joint responsibility for children under their care for the duration of the time at school.
- conduct and manners should at all times be acceptable and an appropriate model for students.
- refrain from smoking in the presence or sight of students – the school is a non smoking area.
- not consume or have consumed alcohol prior to working with children.
- cooperate with teachers/coaches in charge to ensure safety and welfare of students.

Confidentiality is of prime concern. Parents and volunteers are not to discuss any information they obtain at school with anybody, other than the classroom teacher or the Principal.

Any parent or volunteer helper not fulfilling these requirements may be excluded from the volunteer program.

Your cooperation is sought and appreciated in maintaining a safe and happy school. For together we all make a great school, even better.

# OTHER HELPFUL CONTACTS

## NEED TO TALK TO A COUNSELOR?

### HAVE CONCERNS REGARDING ONLINE SAFETY OR CYBERBULLYING?

Call Kids Helpline on 1800 55 1800

Kids Helpline also offers counseling via email and web counseling

<http://www.kidshelp.com.au>

<b>RELATIONSHIP ADVICE</b> .....	1800 695 463
<b>RELATIONSHIP VIOLENCE</b> .....	1800 737 732
<b>BEYOND BLUE</b> .....	1300 22 4636
<b>CRISIS SUPPORT, SUICIDE AND MENTAL HEALTH CALL LIFELINE</b> .....	13 11 14
<b>HEADSPACE</b> .....	<a href="http://www.headspace.org.au">www.headspace.org.au</a>
<b>THE BLACK DOG INSTITUTE</b> .....	<a href="http://www.blackdoginstitute.org.au">www.blackdoginstitute.org.au</a>
<b>YOUNG CARER</b> .....	1800 242 636
.....	<a href="http://www.youngcarers.net.au">www.youngcarers.net.au</a>

## LEGAL RIGHTS AND RESPONSIBILITIES

If you want some legal information you can go to the Lawstuff website (<http://www.lawstuff.org.au>) and search in your state or territory. If you can't find what you want, you can send a legal question to Lawmail (<http://www.lawstuff.org.au/lawmail>) Lawyers will reply to your message as quickly as possible, usually within 6 days.

## ASSISTED CALL SERVICES?

For the Translating and Interpreting Service please call 13 14 50.

If you are deaf or have a hearing impairment, you can call the National Relay Service on 13 36 77

## SCHOOL POLICIES/PROCEDURES/GUIDELINES

Please contact our Principal if you have questions, queries or would like to view or discuss school policies, procedures or guidelines. Our school policies can be downloaded from our school website.

## GRIEVANCES OR COMPLAINTS

The procedure to lodge a grievance or complaint can be found on the school website.

<http://www.internationalfootballschool.com/wp-content/uploads/2013/02/Complaints-Grievances-Parents-or-Students>

